

HOSTETTER
ILLUSTRATED
CALIFORNIA
ALMANAC
1898.



FOR MERCHANTS, MECHANICS, MINERS,
FARMERS, PLANTERS,

AND

GENERAL FAMILY USE.

Carefully calculated for such Meridians and Latitudes as are best suited for a Universal
Calendar for the United States.

PUBLISHED BY
THE HOSTETTER COMPANY,
PITTSBURGH, PA.


TRICKS OF COUNTERFEITERS & IMITATORS.

IN spite of the utmost vigilance of the proprietors, *Hostetter's Stomach Bitters* are counterfeited, both in the domestic and foreign markets. The temptation to simulate a standard article, always in demand, and as valuable as cotton, flour or sugar in the United States, Mexico, the West Indies and Spanish America, is, of course, very great—so great, that adventurers and speculators, without principle or honor, do not hesitate to incur the risk of prosecution and conviction, for the sake of the profits they hope to reap before the law can lay its heavy hand on them. No labor or expense is spared to bring these offenders to justice; but they nevertheless succeed in palming off upon the public considerable quantities of their spurious articles. Sometimes they assume some name that resembles in sound that of “Hostetter,” supposing that if the spelling is different they will escape punishment. This trick, however, does not avail, as several of the tribe have been taught to their bitter cost in recent times.

Another deception, against which it is important to warn the community, is practised by unscrupulous dealers. This fraud consists in refilling the genuine bottles of the company, which have been emptied of their legitimate contents, with spurious trash, and selling the same as “Hostetter's Stomach Bitters.” The best safeguard against this species of imposition is not to purchase of any parties whose reputation for integrity and fair dealing is not above suspicion or reproach. Others sometimes offer for sale compounds which they call “Hostetter's Stomach Bitters” by the gallon or barrel. All such are counterfeits. The genuine preparation is sold IN BOTTLES ONLY.

Buy of no retail dealer of doubtful reputation; look well to the following precautions, and you cannot be cheated by the counterfeiters and impostors who pirate and imitate the great vegetable tonic of the age.

HOSTETTER'S STOMACH BITTERS.

Blown in the bottle is the name of the preparation (Dr. J. Hostetter's Stomach Bitters). On one side of the bottle is a fine steel plate label, on which St. George and the Dragon figure as a vignette, and at its foot is a miniature note of hand, with engraved *fac-simile* of the signature of the President of our Company. The directions for use, in bronze letters on a dark ground, are on the opposite side. A metallic cap, stamped with a medallion head and the name of the article, envelopes the cork. The Bitters is put up ONLY IN GLASS, and sold by the bottle or case. The monogram of the Company, thus  is burnt on the top of the cork of each bottle, which is a protection against tampering with or refilling the bottle.

Hostetter's California Almanac

For the Year

1 | 8 | 9 | 8

Calculated for

CALIFORNIA AND OREGON.

REINFORCE CONSTITUTIONAL WEAKNESS.

NATURE is not impartial. On some of us she has bestowed stalwart frames, strong constitutions, iron nerves; on others but little physical power, or constitutional stamina, or nervous vigor. Let the feeble take heart, however. If they cannot become Samsons, they can, by the use of proper means, make up in a measure for the deficiencies of nature, and may perchance live as long, and enjoy life as much, as their more Herculean neighbors. Delicate machines, under proper care, sometimes outlasts those of a more solid and ponderous structure. A fine watch will run longer than a steam engine of a thousand horse power. The first object of the weak and fragile is, or should be, to acquire additional strength, if possible. IT IS POSSIBLE. It may be stated as a proved and established fact, that science has given to the world in *Hostetter's Stomach Bitters*, a vegetable invigorant which permanently braces up and sustains the feeble physique, whether the lack of strength and stamina be an inherent defect, or the result of extraneous causes.

If general debility is not a disease, it is something worse, viz., a condition which predisposes the body to succumb to all influences that produce disease.

We are continually surrounded and beset, more or less, by infecting elements. Neither the purest air nor the purest water is perfectly pure. And in regions where both are absolutely poisonous, how shall the weakly constitution and frail system resist their deadly effects, unless fortified by artificial means? If the Bitters are the reinforcing, vitalizing, sustaining preparation they are claimed to be—and on this head the testimony in their favor is overwhelming and incontrovertible—then it is ab-

solutely fatuitous in any man or woman, suffering from physical weakness, not to resort to so potent a remedy. When an epidemic is prevailing or in prospect, the best safeguards are a good digestion, firm nerves, and a wise employment of the

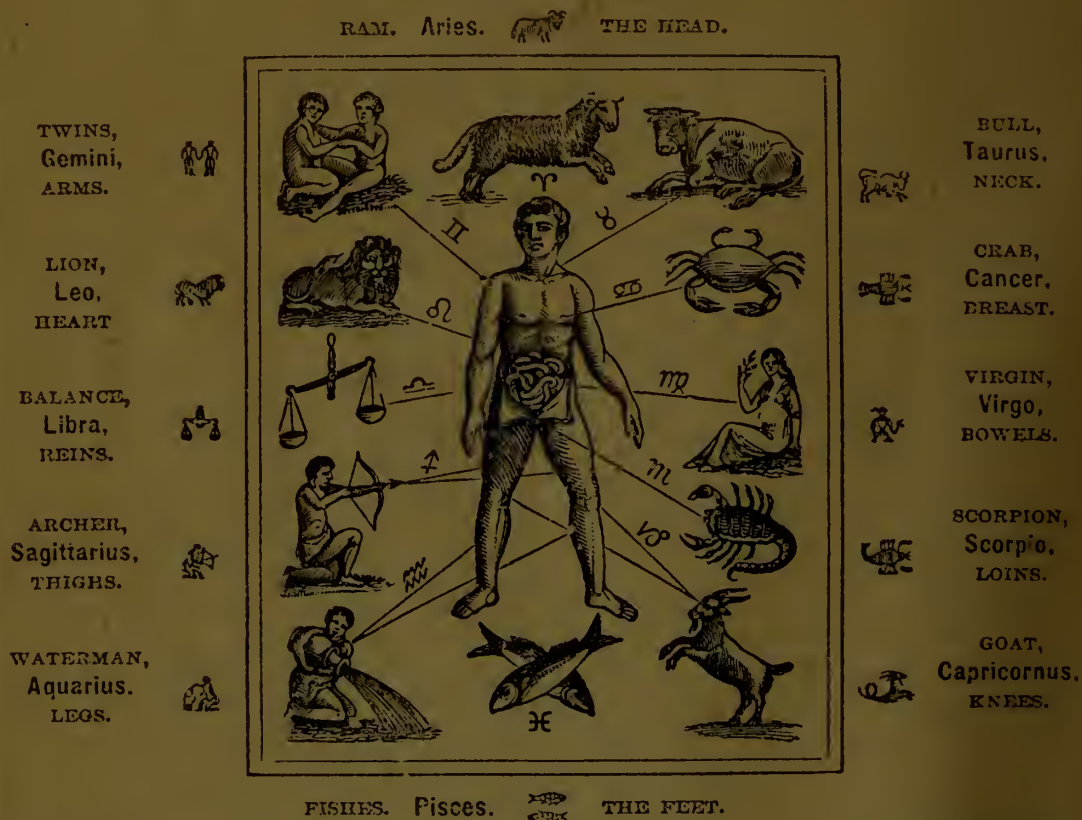


means which science has placed at the disposal of the public, as antidotes against atmospheric infection. Among the latter, Hostetter's Stomach Bitters deservedly enjoy the highest reputation throughout the Western world.

For dyspepsia, liver complaint, biliousness, rheumatism, neuralgia and all diseases originating in a vitiated condition of the system, the Bitters is a proved specific. Physical vigor is the best defense, and it may be increased indefinitely by the use of this thorough tonic.

HOSTETTER'S ALMANAC, 1898.

THE TWELVE SIGNS OF THE ZODIAC.



CHRONOLOGICAL CYCLES.

Dominical Letter,.....	B.	Solar Cycle,.....	3
Epact,	7	Roman Indiction,.....	11
Lunar Cycle, or Golden Number,.....	13	Julian Period,.....	6011

FIXED AND MOVABLE FESTIVALS.

Epiphany,.....	Jan. 6	Regution Sunday,.....	May 15
Septuagesima Sunday,.....	Feb. 6	Ascension—Holy Thursday,.....	" 19
Quinquagesima—Shrove Sund... ..	" 20	Pentecost—Whit Sunday,.....	" 29
Ash Wednesday,.....	" 23	Trinity Sunday,.....	June 5
First Sunday in Lent,.....	" 27	Corpus Christi,.....	" 9
St. Patrick's Day,.....	Mar. 17	First Sunday in Advent,.....	Nov. 27
Palm Sunday,.....	Apr. 3	Christmas Day,	Dec. 25
Good Friday,	" 8	Ember Days.	
Easter Sunday,.....	" 10	Mar. 2, 4, 5 ;	Sept. 21, 23, 24 ;
Low Sunday,.....	" 17	June 1, 3, 4 ;	Dec. 14, 16, 17.

ECLIPSES FOR THE YEAR 1898.

In the year 1898 there will be SIX Eclipses—three of the Sun and three of the Moon:

I.—A Partial Eclipse of the Moon, January 7. Visible more or less to North and South America, Europe, Asia, Africa and the Atlantic Ocean. Occurring at San Francisco as follows:

Middle of Eclipse,.....	7 d.	4 h.	26 m. A.
Moon leaves Shadow,.....		5 h.	14 m. "
Moon leaves Penumbra,.....		7 h.	2 m. "

Magnitude of Eclipse, = 0.157. (Moon's diameter, = 1.)

II.—A Total Eclipse of the Sun, January 22. Invisible to North America. Visible to Central and Eastern Africa, Eastern Europe and Asia. Path of totality running through Central Africa, India, and the Chinese Empire.

III.—A Partial Eclipse of the Moon, July 3. Invisible to North America. Visible more or less to Europe, Asia, Africa and Australia, and to the eastern portion of South America.

IV.—An Annular Eclipse of the Sun, July 18. Invisible to North America. Visible to the South Pacific Ocean and the southern extremity of South America.

V.—A Partial Eclipse of the Sun, December 13; small and unimportant. Visible in the Southern Ocean.

VI.—A Total Eclipse of the Moon, December 27. Visible more or less to all the continents of the world except Australia, and to the Atlantic Ocean. Occurring at San Francisco as follows:

Total Eclipse ends.	27 d.	4 h.	18 m. A.
Moon leaves Shadow.		5 h.	27 m. "
Moon leaves Penumbra,.....		6 h.	42 m. "

Magnitude of Eclipse, = 1.381. (Moon's diameter, = 1.)

THE SEASONS. (San Francisco Time.)

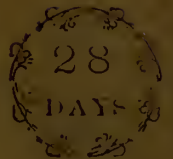
Vernal Equinox,.....	Spring begins,.....	March	20 d.	5 h.	57 m. A. M.
Summer Solstice,.....	Summer "	June	21 d.	1 h.	58 m. A. M.
Autumnal Equinox, ...	Autumn "	Septemb.	23 d.	4 h.	25 m. P. M.
Winter Solstice,....	Winter "	Decemb.	21 d.	10 h.	50 m. A. M.

MORNING AND EVENING STARS, 1898.

Mercury will be Morning Star about January 29, May 28, and September 21; and Evening Star about April 10, August 8, and December 3.

Venus will be Morning Star till February 15; then Evening Star till December 1; and then Morning Star again the rest of the year.






Jupiter will be Morning Star till March 25; then Evening Star till October 13; and then Morning Star again the rest of the year.



MOON'S PHASES

SAN FRANCISCO.








	D.	H.	M.	
☉ FULL MOON,.....	6	10	15	Morning.
☾ LAST QUARTER,.....	13	4	23	Evening.
☽ NEW MOON,.....	20	11	31	Morning.
☾ FIRST QUARTER,.....	28	3	4	"

Day Month	Day Week.	HISTORICAL EVENTS.	Moon's Constellat'n	Sun	Sun	Sun	Moon	Moon	High Water	
				Slow.	Ris.	Sets.	Sets.	South	Morn.	Even.
				M. S.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.
1	Tu	Sir Edward Coke born, 1552		{ 13 54	7 5	5 21	3 31	8 37	7 61	10 6 s
2	We	Treaty Guadalupe Hidalgo, 1818		{ 14 1	7 4	5 25	4 22	9 27	7 59 1	10 17 s
3	Th	George Crabbe died, 1832		{ 14 7	7 3	5 26	5 7	10 17	8 47 1	11 35 s
4	Fri	Galvani died, 1790		{ 14 12	7 2	5 27	5 47	11 6	9 35 1	11 35 s
5	Sa	Cato killed, 46 B. C.		{ 14 17	7 1	5 28	6 22	11 53	0 9 s	10 19 1/2 s

(6.) Septuagesima Sunday.

Matt. 20.

Day's length, 10 h. 29 m.

6	S	Highest Water in Pittsburgh, 1881		14	20	7	0	5	29	Ris.	Mor.	0	33 s	11	7 1/2 s	
7	Mo	Schofield lieut.-general, 1895		14	22	6	59	5	30	6	51	0	39	0	57 s	
8	Tu	Treaty Triple Alliance, 15 8		14	25	6	58	5	31	7	54	1	23	1	22 s	
9	We	William E. Dodge died, 1883		14	26	6	57	5	32	8	59	2	8	1	51 1/2	
10	Th	Queen Victoria married, 1840		14	27	6	56	5	33	10	7	2	53	2	22 1/2	
11	Fri	Alex. H. Stephens born, 1812		14	26	6	54	5	35	11	16	3	40	2	46 1/2	
12	Sa	Kosciusko born, 1746		14	25	6	53	5	36	Mor.	4	32	3	17 1/2	5	3 s

(7.) Sexagesima Sunday.

Luke 8.

Day's length, 10 h. 45 m.

13	S	Richard Wagner died, 1883	♈	14	24	6	52	5	37	0	26	5	26	4	3 1/2	6	2 1/2 s
14	Mo	St. Valentine's Day.	♈	14	21	6	51	5	38	1	37	6	25	5	0 1/2	7	52 s
15	Tu	Fort Donelson captured, 1862	♈	14	18	6	50	5	39	2	44	7	26	5	58 1/2	9	9 s
16	We	Philip Melancthon born, 1497	♈	14	14	6	48	5	40	3	45	8	28	7	9 1/2	10	19 s
17	Th	Charlotte Corday guillotined, 1793	♈	14	9	6	47	5	41	4	37	9	29	8	21 1/2	11	12 s
18	Fri	Charlotte Cushman died, 1876	♈	14	4	6	46	5	42	5	21	10	27	9	24 1/2	11	53 s
19	Sa	Sepoy Revolt began, 18 7	♈	13	58	6	45	5	43	5	56	11	20	10	19 1/2		

(8.) Quinquagesima—Shrove Sunday.

Luke 18.

Day's length, 11 h. 0 m.

20	S	Earthquake in Chili, 1835		{	13	51	6	44	5	44	Sets.	Ev	11	0	12 s	1	22 1/2 s	
21	Mo	Frederick Douglas died, 1895		{	13	41	6	42	5	45	7	10	0	58	0	54 s	0	30 1/2 s
22	Tu	Amerigo Vespucci died 1512		{	13	37	6	41	5	46	8	16	1	41	1	18 s	1	13 1/2 s
23	We	Fort Alamo massacre, 1836		{	13	28	6	40	5	47	9	21	2	30	1	45 1/2	2	3 s
24	Th	Captain Howgate acquitted, 1895		{	13	19	6	39	5	48	10	24	3	15	2	12 1/2	3	2 s
25	Fri	Christopher Wren died, 17 3		{	13	9	6	37	5	49	11	25	4	2	2	38 1/2	4	4 s
26	Sa	Victor Emanuel king of Italy, 1811		{	12	9	6	36	5	50	Mor.	4	49	3	13 1/2	5	13 s	

(9.) 1st Sunday in Lent.

Matt. 4

Day's length, 11 h. 17 m.

7	S	Joint High Commission met, 1871	♈	12	48	6	34	5	51	0	25	5	38	3	58 1/2	6	21 s
2	Mo	Wilson postmaster-general, 189	♈	12	36	6	33	5	52	1	21	6	28	4	45 1/2	7	29 s

In the counting-house of an Irishman the following notice is exhibited in a conspicuous place: "Persons having no business in this office, will please get it done as soon as possible and leave."

THE bitter one: "I tell you a man changes his mind about his friends and enemies." "How so, old man?" "His enemies stop hitting him when he's down, but it's then his friends begin."

it has obtained the immense popularity which it enjoys in this section, as well as in the East, is attributable to the fact that the claims which are put forth in its behalf have received the widest substantiation, under circumstances which, had its pretensions not been well founded, and its efficacy real, would have soon proved it to be unworthy public confidence. The fact, therefore, that it has stood the test for over forty-five years,

and that the sales of each succeeding year have far outstripped those of the preceding, fully warrants the proprietors of *Hostetter's Stomach Bitters* in congratulating the inhabitants of California and the entire Pacific Coast in the possession of a medicine to whose excellence the press, the public and the medical profession bear the amplest and most satisfactory testimony.

A NAMELESS man, amid a crowd
That thronged the daily mart,
Let fall a word of hope and love,
Unstudied from the heart.

A whisper on the tumult thrown,
A transitory break,
It raised a brother from the dust,
It saved a soul from death.

HOW DO YOU WRITE "ONE BILLION?"—There is one sum expressed by the Arabic numerals upon which the American and the English mathematicians have never been able to agree—the exact number of naughts to be used in expressing the sum of one billion. In this country, as well as in France, and several other European nations, one billion is a thousand million, and is expressed with a figure 1 and nine naughts, thus, 1,000,000,000. In England, however, they speak of a billion as being "a million million," and in writing it with Arabic characters always use a figure 1 and twelve naughts, thus, 1,000,000,000,000. Webster appears to take the English view of the matter, and very plainly says that "a billion is a million of millions, as many millions as there are units in a million."

THE side of a square acre is 208.71 feet, or 69.37 yards, or 12,619 rods long—that is, very nearly 208 feet 8½ inches, or 69 yards 1 foot 8½ inches. A rectangular strip of land, 1 rod by 160 rods, 2 by 80, 4 by 40, 8 by 20, or any other two factors of 160, make an acre; or one 5 by 968 yards, 10 by 481, 20 by 242, or any other two factors of 4840. The number of square feet in an acre is 43,560. Five acres in a square measure 466 feet 8¼ inches on the side; 10 acres 660 feet; 15, 808 feet 4 inches; 20, 933 feet 4¾ inches; 25, 1036 feet.

WOULDN'T EAT THEM RAW.—A good story comes from the dispensary of one of the Chicago hospitals. The physician in attendance, after listening to the woman's tale regarding her husband's ailment, prescribed some medicine, and also told her to apply some leeches to the sick man. When the woman returned the next day the doctor asked if her husband was better. "No," she said, "he is rather worse, if anything." "Did you follow out my instructions with regard to the leeches?" "Well, no—not exactly. John wouldn't eat them raw, so I fried them for him."

TO MAKE ELDERBERRY WINE.—Pour four quarts of boiling water over 8 quarts of the berries, letting them stand 12 hours, stirring occasionally. Strain well, pressing out the juice. Then to 1 quart of the juice add 3 pounds of sugar, an ounce of powdered cinnamon, half an ounce of powdered cloves, and boil for 5 minutes. Then set the liquor away to ferment, in a stone jar, closely covered with a cloth. When it is done fermenting rack off carefully, so as not to disturb the lees, then bottle and cork.

AN oriental died, leaving seventeen camels. He willed one-half to his eldest son, one-third to the second, and one-ninth to the third son. While disputing about the division, a camel driver came along and offered to settle the question. This he did by loaning them one of his own camels, thus making eighteen in all, when the division was easy. No. 1 took nine camels, No. 2 six camels, No. 3 two camels—seventeen in all—and the borrowed camel was then restored to its owner. How can we explain the fact that each son got his share and something over?



MOON'S PHASES.

SAN FRANCISCO.

☾	FULL MOON.....
☾	LAST QUARTER.....
☾	NEW MOON.....
☾	FIRST QUARTER.....

P.	H.	M.	
8	1	21	Morning.
14	11	39	Evening.
22	0	28	Morning.
29	11	31	Evening.

Day Month.	Day Week.	HISTORICAL EVENTS.	Moon's Constellation	Sun		Moon Sets.	Moon South.	High Water.	
				Slow.	Ris.			Morn.	Even.
				M. S.	H. M.	H. M.	H. M.	H. M.	H. M.
1	Tu	Grant appointed lieut.-general, 1864	♏	12 21	6 32	5 53	2 13	5 32	8 32 s
2	We	John Stuart Blackie died, 1895	♏	12 12	6 30	5 51	3 1	6 31	9 29 s
3	Th	Alex. H. Stephens died, 1883	♏	11 59	6 29	5 56	3 42	8 58	10 18 s
4	Fri	B. Harrison inaugurated, 1889	♏	11 46	8 27	5 57	4 13	9 45	10 59 s
5	Sa	James Madison born, 1751	♏	11 32	6 26	5 58	4 51	10 32	11 29 s
(10.) 2d Sunday in Lent.				Matt. 15.		Day's length, 11 h. 35 m.			
6	S	Gen. Sheridan born, 1831	♏	11 18	6 24	5 59	5 19	11 17	11 54 s
7	Mo	Webster's famous speech, 1850	♏	11 3	6 23	6 0	5 45	Mor.	10 50
8	Tu	E. P. Whipple born, 1819	♏	10 48	6 21	6 1	Ris.	0 3	0 14
9	We	Scott lands at Vera Cruz, 1847	♏	10 32	6 20	6 2	7 54	0 48	0 54 s
10	Th	Alexander Clark born, 1834	♏	10 17	6 18	6 3	9 6	1 36	1 47
11	Fri	Prince Gortschakoff died, 1883	♏	10 1	6 17	6 4	10 18	2 28	2 49 s
12	Sa	F. W. Dawson assassinated, 1889	♏	9 44	6 15	6 5	11 28	3 21	3 52 s
(11.) 3d Sunday in Lent.				Luke 11.		Day's length, 11 h. 51 m.			
13	S	La Fontaine died, 1695	♏	9 28	6 14	6 5	Mor.	4 20	2 26
14	Mo	Byng shot, 1757	♏	9 11	6 12	6 6	0 36	5 20	3 21
15	Tu	Battle Guilford Court House, 1781	♏	8 54	6 11	6 7	1 39	6 22	4 35
16	We	Rev. John W. Broadus died, 1895	♏	8 36	6 9	6 8	2 31	7 21	5 53
17	Th	St. Patrick's Day.	♏	8 19	6 8	6 9	3 17	8 19	7 9
18	Fri	Horace Walpole died, 1797	♏	8 1	6 6	6 10	3 55	9 12	8 23
19	Sa	La Salle killed, 1687	♏	7 44	6 5	6 11	4 27	10 2	9 25
(12.) 4th Sunday in Lent.				John 6		Day's length, 12 h. 9 m.			
20	S	Gen. Adam Badeau died, 1895	♏	7 26	6 3	6 12	4 56	10 50	10 22
21	Mo	Treaty with Japan, 1851	♏	7 8	6 1	6 13	5 25	11 36	11 12
22	Tu	Vandyke born, 1599	♏	6 49	6 0	6 14	Sets.	Ev 22	0 17
23	We	Richard A. Proctor born, 1837	♏	6 31	5 58	6 15	8 7	1 7	0 28
24	Th	End of Tudor Dynasty, 1603	♏	6 13	5 57	6 16	9 9	1 53	0 49
25	Fri	Garibaldi in England, 1864	♏	5 55	5 55	6 17	10 12	2 41	1 7
26	Sa	Beethoven died, 1827	♏	5 36	5 54	6 18	11 10	3 30	1 34
(13.) 5th Sunday in Lent.				John 8.		Day's length, 12 h. 27 m.			
27	S	John Bright died, 1889	♏	5 18	5 52	6 19	Mor.	4 20	2 51
28	Mo	Gen. Hull sentenced, 1814	♏	5 0	5 51	6 19	0 4	5 10	2 51
29	Tu	John Jacob Astor died, 1848	♏	4 41	5 49	6 20	0 53	6 0	3 53
30	We	XIII. Amendment proclaimed, 1870	♏	4 23	5 48	6 21	1 37	6 49	4 57
31	Th	Eiffel Tower opened, 1889	♏	4 5	5 46	6 22	2 16	7 37	6 11

THE sensation of great cold and of great heat is the same, because the nerves can convey but one sensation, and heat is more

dangerous, and therefore, it is more necessary that the nerves should be able to give a warning of it.



NOT TO BE BEATEN.

ENGLISH SWELL.—“A—the worst of you Americans is that you have no ‘Leisure Class.’”

MISS COLUMBIA.—“Yes, we have. We call them ‘Tramps.’”

WEIGHT OF METALS.

Weight in pounds of a square foot of different metals, in thickness varying by 1-16 of an inch :

Thick ness.	Wro't Iron.	Cast Iron	Steel.	Cop- per.	Zinc.	Lead.
inch.						
1-16	2.5	2.3	2.5	2.9	2.3	3.7
$\frac{1}{8}$	5.0	4.7	5.1	5.8	4.7	7.4
$\frac{3}{16}$	7.5	7.0	7.6	8.7	7.0	11.2
$\frac{1}{4}$	10.0	9.4	10.2	11.6	9.4	14.9
$\frac{5}{16}$	12.5	11.7	12.8	14.5	11.7	18.6
$\frac{3}{8}$	15.0	14.1	15.3	17.2	14.0	22.3
$\frac{7}{16}$	17.5	16.4	17.9	20.0	16.4	26.0
$\frac{1}{2}$	20.0	18.7	20.4	22.9	18.7	29.7
$\frac{9}{16}$	22.5	21.1	23.0	25.7	21.1	33.4
$\frac{5}{8}$	25.0	23.5	25.5	28.6	23.4	37.1
$\frac{11}{16}$	27.5	25.8	28.1	31.4	25.7	40.9
$\frac{3}{4}$	30.9	28.1	30.6	34.3	28.1	44.6
$\frac{13}{16}$	32.5	30.5	33.2	37.2	30.4	48.3
$\frac{7}{8}$	35.0	32.8	35.7	40.0	32.8	52.0
$\frac{15}{16}$	37.5	35.2	38.8	42.9	35.1	55.7
1	40.0	37.5	40.8	45.8	37.5	59.4

Stomach Bitters as an all round family medicine for the last thirty-four years, and it has given the best of satisfaction, and I have recommended it to others, and it has never failed to prove all claimed.

FOOTBALL in Ireland may be said to consist of three parts—Rugbein, Association and Gaelic. The rule of play in these organizations has been defined as follows: In Rugby you kick the ball; in Association, you kick the man if you cannot kick the ball; and in Gaelic, you kick the ball if you cannot kick the man.

From LEWIS D. MURRAY, Thompson, Florida, October 7, 1895:

I have been trying for a long time to get some Hostetter's Stomach Bitters. It is the remedy much needed here in this malarial country.

Fruit cools the blood, cleans the teeth and aids digestion. Those who can't eat it miss the benefit of perhaps the most medicinal food on nature's bill of fare.

From GEORGE M. STANCHFIELD, St. Paul, Minn., November 28, 1895:
I have been using Hostetter's Celebrated

FOURTH
MONTH.

30

DAYS

MOON'S PHASES.

SAN FRANCISCO.

	D	H.	M	
☾ FULL MOON.	6	1	10	Evening.
☾ LAST QUARTER,.....	13	6	19	Morning.
☾ NEW MOON,	20	2	12	Evening.
☾ FIRST QUARTER, ..	28	5	56	"

Day Month.	Day Week	HISTORICAL EVENTS.	Moon's Constellation.	Sun Slow.	Sun Ris.	Sun Sets.	Moon Sets.	Moon South.	High Water.	
				M S.	H. M.	H. M.	H. M.	H. M.	Morn.	Even.
									H. M.	H. M.
1	Fri	Prince Bismarck born, 1815		{ 3 46	5 45	6 23	2 48	8 23	7 57	9 19 s
2	Sa	Richard Cobden died, 1865		{ 3 28	5 43	6 24	3 17	9 8	8 74	9 57 s
(14.) Palm Sunday. Matt. 27 Day's length, 12 h. 43 m.										
3	S	The Crucifixion, 33		{ 3 11	5 42	6 25	3 46	9 54	9 47	10 28 s
4	Mo	Peter Cooper died, 1883		{ 2 53	5 40	6 26	4 13	10 39	9 58 s	10 47 i
5	Tu	Danton executed, 1784		{ 2 35	5 39	6 27	4 39	11 27	10 51 s	11 17 i
6	We	Gen. A. S. Johnston killed, 1862		{ 2 18	5 37	6 28	Ris.	Mor.	11 47 s	11 21 i
7	Th	Battle of Shiloh, 1862		{ 2 0	5 36	6 28	7 59	0 18	0 55 s	11 57 i
8	Fri	Income Tax unconstitutional, 1895		{ 1 43	5 34	6 29	9 13	1 12	2 1 s
9	Sa	Civil Rights Bill passed, 1866		{ 1 27	5 33	6 30	10 24	2 11	0 35 i	3 2 s
(15.) Easter Sunday. John 20. Day's length, 12 h. 59 m.										
10	S	A. T. Stewart died, 1876		{ 1 10	5 32	6 31	11 31	3 12	1 8 i	4 0 s
11	Mo	Gen. Canby killed, 1873		{ 0 54	5 30	6 32	Mor.	4 15	2 0 i	5 11 s
12	Tu	Ft. Sumpter bombarded, 1861		{ 0 38	5 29	6 33	0 28	5 16	2 13 i	6 24 s
13	We	Handel died, 17 9		{ 0 23	5 27	6 34	1 16	6 15	4 36 i	7 31 s
14	Th	Prof. Dana died, 1895		{ 0 8	5 26	6 35	1 55	7 8	5 7 i	8 25 s
15	Fri	John Lathrop Motley born, 1814		{ Fast.	5 25	6 36	2 29	7 59	7 11 i	9 13 s
16	Sa	Treaty bet. China and Japan, 1895		{ 0 22	5 23	6 37	2 59	8 47	8 23 i	9 50 s
(16.) Low Sunday. John 20. Day's length, 13 h. 15 m.										
17	S	Virginia secedes, 1861		{ 0 36	5 22	6 37	3 26	9 32	9 26 i	10 28 s
18	Mo	Sir Francis Baring born, 1710		{ 0 49	5 20	6 38	3 51	10 17	10 18 s	10 50 i
19	Tu	Troops attacked in Baltimore, 1861		{ 1 3	5 19	6 39	4 18	11 2	11 8 s	11 9 i
20	We	Long Parliament dissolved, 1663		{ 1 15	5 18	6 40	4 46	11 47	11 59 s	11 26 i
21	Th	Alexander the Great died, 323 B. C.		{ 1 23	5 16	6 41	Sets.	Ev 34	0 52 s	11 47 i
22	Fri	Prohibition defeated in Mass., 1839		{ 1 39	5 15	6 42	8 58	1 23	1 47 s
23	Sa	Shakespeare died, 1616		{ 1 50	5 13	6 43	9 54	2 12	0 13 i	2 53 s
(17.) 2d Sunday after Easter. John 10. Day's length, 13 h. 32 m.										
24	S	Lafayette helps United States, 1777		{ 2 1	5 12	6 44	10 46	3 3	0 39 i	3 39 s
25	Mo	William Cowper died, 1800		{ 2 12	5 11	6 45	11 31	3 53	1 21 i	4 19 s
26	Tu	David Hume born, 1 11		{ 2 22	5 10	6 46	Mor.	4 42	2 16 i	5 4 s
27	We	Tornado in Mississippi, 1883		{ 2 31	5 8	6 46	0 12	5 30	3 22 i	5 56 s
28	Th	Canada surrenders to England, 1760		{ 2 40	5 7	6 47	0 46	6 16	4 31 i	6 45 s
29	Fri	Washington centennial, 1889		{ 2 49	5 6	6 48	1 17	7 0	5 38 i	7 28 s
30	Sa	James Montgomery died, 1854		{ 2 57	5 5	6 49	1 45	7 45	6 43 i	8 7 s

STRENGTH for to-day is all that we need,
 For there never will be a to-morrow;
 For to-morrow will prove but another to-day,
 With its measures of joy and sorrow.

The present, born of yesterday,
 Its shade, its shine, its sorrow,
 Are blended in the living day,
 The parent of to-morrow.

The * Liver * at * Fault.

SIMPLE inactivity of the liver, before that organ becomes congested and otherwise diseased, is sufficient to disorder digestion, interfere with free evacuation, and contaminate the blood. Common prudence would seem to dictate the advisability of adopting precautionary measures against a complaint which is able, thus early to obstruct two of the most important functions of the body, and to vitiate the fountain of life itself. Yet many persons are foolhardy enough to disregard its symptoms until absolutely forced to resort to medication by the violence of the disease.

In all cases of liver complaint, *Hostetter's Stomach Bitters* may be relied upon as an unfailing specific, but they are particularly desirable in the early phase of the malady, as the biliary organ being then clearly inactive, and not positively diseased, the healthful stimulation afforded by the Bitters rouses it from its dormant condition, impels it to assume its secretive functions,

and averts a train of evils consequent upon its continuance.

Besides constipation and indigestion—twin disorders that are speedily overcome by the regulating action of the Bitters upon the bowels and stomach—a liver at fault causes yellowness of the skin, furred tongue, pain in the right side and under the right shoulder, deep color of the urine, nausea, blurred vision, eruptions, itching and many other symptoms equally annoying. If the disorder is not checked, and the gland becomes inflamed and congested, the symptoms grow rapidly worse, and usually culminate in abscess of the liver. The disease also has a tendency to become chronic. Mercury affords but slight and temporary relief in liver complaint, and is to be regarded with disfavor on account of its injurious after effects upon the system. *HOSTETTER'S STOMACH BITTERS*, on the other hand, completely eradicate it, and is a safe as well as a potent anti-bilious medicine and tonic.

HOW THE HUMAN RACE IS VANISHING.—A study of the military records of Europe proves that in 1610 the average height of man was 5 feet 9 inches. During the following 100 years this average decreased to 5 feet 7½ inches. In 1790 the average was only 5 feet 6 inches, and in 1820 it was but 5 feet 5 inches. At the present time it is but 5 feet 3½ inches. It is an easy matter to deduce statistics from the above figures to prove that human stature is gradually on the decline.

REAL action is in silent moments. The epochs of our lives are not the visible facts of our choice of a calling, our marriage, our acquisition of an office, and the like; but in a silent thought by the wayside as we walk—

in a thought which revises our entire manner of life, and says, "Thus hast thou done, but it were better thus."—EMERSON.

A COUNTRY editor puts the old question in new shape, and says to his subscribers: "Brother, don't stop your paper just because you don't agree with the editor. The last cabbage you sent us didn't agree with us either, but we didn't drop you from our subscription list on that account."

They were boating on the deep one sunny and breezy evening. He asked her tenderly if she would row in the same boat with him for life. "Same as now?" she asked shyly. "Yes, just the same—for ever." "Then I will," she whispered, "for I have the helm."



MOON'S PHASES.

SAN FRANCISCO.

☾	FULL MOON,
☾	LAST QUARTER,
☾	NEW MOON,
☾	FIRST QUARTER,

D	H	M	
5	10	25	Evening.
12	1	27	"
20	4	49	Morning.
28	9	5	"

Day Month.	Day Week	HISTORICAL EVENTS.	Moon's Constellation	Sun Fast.	Sun Ris.	Sun Sets.	Moon Sets.	Moon South.	High Water.
				M S.	H. M.	H. M.	H. M.	H. M.	Morn. Even.
									H. M. H. M.

(18.) 3d Sunday after Easter.

John 16.

Day's length, 13 h. 46 m.

1	S	Crystal Palace opened, 1851		3 5	5 4	6 50	2 11	8 29	7 49	8 45
2	Mo	Battle of Chancellorsville, 1863		3 12	5 3	6 51	2 38	9 15	8 17	9 29
3	Tu	Washington City incorporated, 1802		3 18	5 2	6 52	3 6	10 5	9 44	9 51
4	We	John James Audubon born, 1780		3 24	5 1	6 53	3 38	10 57	10 41	10 18
5	Th	Dr. Cronin disappeared, 1889		3 30	5 0	6 54	4 13	11 55	11 43	10 43
6	Fri	Action off Barcelona, 1801		3 35	4 59	6 55	Ris.	Mor.	0 46	11 20
7	Sa	Earthquake in Hayti, 1842		3 39	4 57	6 55	9 15	0 56	1 55

(19.) 4th Sunday after Easter.

John 16.

Day's length, 14 h. 0 m.

8	S	Washington Treaty signed, 1871		3 42	4 56	6 56	10 20	2 1	0 17	2 57
9	Mo	Gen. Sedgwick killed, 1864		3 45	4 55	6 57	11 12	3 6	0 57	3 53
10	Tu	Father Damien died, 1889		3 47	4 54	6 58	11 54	4 7	1 55	4 56
11	We	Robert Treat Paine died, 1814		3 49	4 53	6 59	Mor.	5 4	3 81	6 2
12	Th	Capture of Crown Point, 1775		3 50	4 53	7 0	0 80	5 56	4 28	6 58
13	Fri	John Smith in Virginia, 1607		3 51	4 52	7 1	1 3	6 45	5 41	7 45
14	Sa	Gen. McClellan commissioned, 1861		3 51	4 51	7 2	1 30	7 31	6 55	8 27

(20.) Rogation Sunday.

John 16.

Day's length, 14 h. 13 m.

15	S	A. Gallatin, Sec. of Treasury, 1801		3 51	4 50	7 3	1 55	8 16	8 3	8 58
16	Mo	Marie Antoinette married, 1770		3 50	4 49	7 4	2 20	9 0	9 9	9 26
17	Tu	John C. Breckenridge died, 1875		3 48	4 49	7 4	2 47	9 44	10 16	9 48
18	We	Lincoln first nominated, 1860		3 46	4 48	7 5	3 18	10 30	11 14	10 9
19	Th	Dark Day in New England, 1780		3 43	4 47	7 6	3 55	11 18	0 9	10 32
20	Fri	Admiral Meade retired, 1895		3 39	4 46	7 7	Sets.	Ev	7 0	58
21	Sa	Marquis of Montrose hanged, 1650		3 35	4 45	7 8	8 41	0 57	1 53	11 35

(21.) Sunday after Ascension.

John 15-16

Day's length, 14 h. 23 m.

22	S	Charles Sumner assaulted, 1856		3 31	4 45	7 8	9 28	1 48	2 35
23	Mo	Hugh M'ulloch died, 1895		3 26	4 44	7 9	10 9	2 37	0 17	3 5
24	Tu	Laura Bridgman died, 1889		3 21	4 43	7 10	10 44	3 25	1 37	3 37
25	We	Fenians invade Canada, 1870		3 15	4 43	7 11	11 16	4 11	1 50	4 10
26	Th	Oscar Wilde sentenced, 1895		3 9	4 42	7 12	11 45	4 55	3 07	4 50
27	Fri	Walter Q. Gresham died, 1895		3 2	4 42	7 12	Mor.	5 38	4 97	5 33
28	Sa	Thomas Moore born, 1779		2 55	4 41	7 13	0 12	6 22	5 16	6 21

(22.) Pentecost—Whit Sunday.

John 14.

Day's length, 14 h. 33 m.

29	S	Charles II. enters London, 1660		2 47	4 41	7 14	0 38	7 6	6 20	7 21
30	Mo	Chicago Confed. Mon. unveiled, '95		2 39	4 41	7 15	1 4	7 52	7 24	7 34
31	Tu	Johnstown Flood, 1889		2 31	4 40	7 15	1 31	8 42	8 35	8 9

A NATURALIST tells us that a snipe has a nerve running clear down to the end of his

bill. So has the plumber. How wonderful are nature's works.

The * Bitters * as * a * Diuretic.

THE kidneys filter the blood—that is to say, in its passage through them, they strain from it certain impurities which the bladder subsequently expels in a liquid form. If the process of sewerage is interrupted in consequence of inactivity or disease of the kidneys, the life-current becomes tainted by the refuse which should have been strained from it, and maladies arising from an impure state of the blood are developed in the system. The kidneys themselves are sluggish, and apt to drift into Bright's disease and diabetes, unless their inaction is remedied by diuretic treatment.

Hostetter's Stomach Bitters, in addition to their properties as a general tonic, an anti-dyspeptic, and an alterative, are a gentle stimulant of the kidneys and bladder, to whose secreting and expelling functions they give an impetus, which has the effect of promoting the elimination from the blood of

those impurities which corrupt it, and of counteracting tendencies to disease attributable to inactivity of the urinary organs. Those organs, also, in common with the rest of the physical structure, acquire a due proportion of the vigor which this incomparable tonic imparts to it, and as vigor is the best promoter of regular organic action, the value of the Bitters to those who suffer from weakness or irregularities of the kidneys and bladder, is readily appreciable.

For the debility of body and despondency of mind of which renal weakness is notably productive, and for the loss of flesh and appetite which it entails, the Bitters are an excellent remedy. Persons of both sexes who suffer from want of tone in the organs of urination, and females afflicted with uterine troubles and other local causes of debility and discomfort, may rely upon obtaining from the Bitters the relief they might vainly seek from less reliable sources.

OH, cease your proud boast of man's freedom, and own,
If superior either, the woman's the one;
Since a woman could overcome Adam, poor elf,
But to overcome woman took satan himself.

"CLEANLINESS is next to godliness." But in the law of Moses cleanliness was godliness, and sinners were "unclean." Dirt brings death; and death is "the wages of sin." If people would have health, they must keep clean. Old dish rags around the sink, sour milk, decaying substances of any kind, fragments left about the closet to gather in flies and mice, odds and ends of crumbs, crackers, sugar and all such things help to fill the house with ants, roaches, moths, germs, disease and death. Fevers lurk in dirty dish cloths. Typhoid and malaria rise like specters from cesspools.

EVERY woman who finds herself growing, without apparent reason, harsh and bitter in her judgment of others, fretful or easily grieved or startled, may know positively that she is overtaxing her physical strength and robbing her family. Let this woman bravely promise herself to omit every unnecessary household task, regardless of the fancied opinions of others, honestly trying each seeming duty by the question, "WILL or will it not add to the health or happiness of my dear ones?"

TO CURE CORNS.—Linseed oil is a sure remedy for both hard and soft corns. If they are indurated and very painful, the relief it gives in a short time is most grateful. Bind on a soft rag saturated with linseed oil, and continue to dampen it with the oil every night and morning, until the corn can be removed easily and without pain.



MOON'S PHASES.

SAN FRANCISCO.

☾	FULL MOON.....
☾	LAST QUARTER.....
☾	NEW MOON.....
☾	FIRST QUARTER.....

D.	H.	M.	
4	6	2	Morning.
10	9	55	Evening.
18	8	10	"
26	8	45	"

Day Month	Day Week.	HISTORICAL EVENTS.	Moon's Constellation	Sun Fast.	Sun Ris.	Sun Sets.	Moon Sets.	Moon South.	High Water.
				M S.	H. M.	H. M.	H. M.	H. M.	Morn. Even.
1	We	Fenians enter Canada, 1866		2 22	4 40	7 16	2 3	9 36	9 47 ^s 8 47 ^t
2	Th	Emily Faithful died, 1895		2 12	4 39	7 16	2 42	10 36	10 54 ^s 9 28 ^t
3	Fri	Nat. D. Rothschild died, 1879		2 3	4 39	7 17	3 29	11 40	11 57 ^s 10 3 ^t
4	Sa	Missouri Territory named, 1812		1 53	4 39	7 18	Ris.	Mor.	1 0 ^t ^s 11 0 ^t

(23.) Trinity Sunday.

John 3.

Day's length, 14 h. 39 m.

5	S	Weber died, 1826		1 42	4 39	7 18	8 59	0 46	1 56 ^t ^s 11 58 ^t
6	Mo	Alexander born, 356 B. C.		1 32	4 38	7 19	9 48	1 51 2 43 ^s
7	Tu	Mahomet died 632		1 20	4 38	7 19	10 29	2 52	0 55 ^t 3 28 ^s
8	We	Archb'p Manning consecrated, 1865		1 9	4 38	7 20	11 2	3 49	1 51 ^t 4 18 ^s
9	Th	Livingstone Expedition, 1867		0 57	4 38	7 20	11 33	4 40	3 4 ^t 5 9 ^s
10	Fri	Bishop Simpson born, 1810		0 45	4 38	7 21	11 59	5 28	4 19 ^t 5 58 ^s
11	Sa	Copernicus died, 1543		0 33	4 38	7 21	Mor.	6 14	5 31 ^t 6 44 ^s

(24.) 1st Sunday after Trinity.

Luke 16.

Day's length, 14 h. 44 m.

12	S	Harriet Martineau born, 1802		0 21	4 38	7 22	0 25	6 59	6 39 ^s 7 28 ^t
13	Mo	Fugitive Slave Law repealed, 1864		0 8	4 38	7 22	0 52	7 43	7 41 ^s 8 4 ^t
14	Tu	Stars and Stripes adopted, 1777		Slow	4 38	7 22	1 22	8 28	8 54 ^s 8 37 ^t
15	We	Washington commissioned, 1775		0 17	4 38	7 23	1 54	9 15	10 3 ^s 9 5 ^t
16	Th	Great Eclipse, 1806		0 30	4 38	7 23	2 31	10 4	11 5 ^s 9 35 ^t
17	Fri	Harlem Ship Canal opened, 1895		0 43	4 38	7 24	3 14	10 53	0 1 ^t ^s 10 0 ^t
18	Sa	War of 1812 began.		0 56	4 38	7 24	4 1	11 44	0 51 ^t ^s 10 36 ^t

(25.) 2d Sunday after Trinity.

Luke 14.

Day's length, 14 h. 46 m.

19	S	Emperor Maximilian shot, 1867		1 9	4 38	7 24	Sets.	Dr 33	1 56 ^t ^s 11 17 ^t
20	Mo	Maryland Colony chartered, 1632		1 22	4 38	7 24	8 47	1 22 2 15 ^s
21	Tu	St. Paul's, London, began, 1675		1 55	4 39	7 25	9 19	2 9	0 1 ^t 2 42 ^s
22	We	Galileo sentenced, 1613		1 48	4 39	7 25	9 48	2 53	0 46 ^t 3 0 ^s
23	Th	Battle of Plassey, 1757		2 1	4 39	7 25	10 15	3 34	1 34 ^t 3 24 ^s
24	Fri	Printing discovered, 1440		2 14	4 39	7 25	10 40	4 18	2 30 ^t 3 51 ^s
25	Sa	First Methodist Conference, 1744		2 27	4 40	7 25	11 5	5 2	3 34 ^t 4 39 ^s

(26.) 3d Sunday after Trinity.

Luke 15.

Day's length, 14 h. 45 m.

26	S	Simon Cameron died, 1889		2 40	4 40	7 25	11 33	5 46	4 40 ^s 5 22 ^t
27	Mo	Gibbon's Rome finished, 1787		2 52	4 41	7 25	Mor.	6 32	5 47 ^s 5 57 ^t
28	Tu	Charleston attacked, 1776		3 4	4 41	7 25	0 2	7 23	6 59 ^s 6 3 ^t
29	We	Thomas H. Huxley died, 1895		3 16	4 41	7 25	0 36	8 18	8 19 ^s 7 19 ^t
30	Th	Lola Montez died, 1861		3 28	4 42	7 25	1 18	9 18	9 39 ^s 8 13 ^t

INQUIRER: "Does a fish diet strengthen the brain?" Philosopher: "Perhaps not; but going fishing seems to invigorate the imagination."

"You should never take anything that doesn't agree with you," said the doctor. "If I'd always followed that rule, Marie," he said to his wife, "where would you be?"



EXPENSIVE AGONY.

HEIMBETTER.—“Sufferin’ Isaac, how dot hurts, Naomi! But don’d pull him off—don’d pull him off!”

MRS. HEIMBETTER.—“Vy nod?”

HEIMBETTER.—“Dey vos vort’ a dollar a dozen in Nye Yorick.”

From CHAS. F. HAMEL, Toledo, Ohio, January 20, 1896:

My vocation is such as to place me in a sedentary position. I had pains in my stomach which was most excruciating at times; in fact I was bordering on that dread disease, appendicitis. I have used your Hostetter's Stomach Bitters, and was more than pleased with the results of the first bottle, and entirely relieved after taking several. I have since recommended my friends to use it, and thank you for what it has done for me and others.

When nursing the sick it is a great help if the doctor will write out or dictate the treatment of the case, for it is not well in many cases to trust to memory alone. Again, in a serious case of illness a “diet sheet” should be kept, stating at what time precisely food and medicine should be given, also, if possible, mentioning the quantities of fluid, such as beef tea, milk, &c.

We might all do more than we have done,
And not be a whit the worse;
It never was loving that emptied the heart,
Nor giving that emptied the purse.

From DR. WILL J. BERRINGER, Defiance, Iowa, June 21, 1895:

Your Hostetter's Stomach Bitters is one of the best preparations on the market for that tired feeling; also one of the best appetizers I ever used; for restlessness, loss of strength and energy, weakness, general debility and blood purifier; for any ache or pain it is the king of all medicines.





























Here is a recipe for making white-wash that “will not rub off.” Shake 1 bushel of lime with boiling water, add 8 quarts salt dissolved in hot water, 8 ounces of whiting, 2½ pounds of ground rice boiled to a thin paste, and 1 pound of glue dissolved and boiled; thin down with hot water, boil the whole, and apply while warm.



MOON'S PHASES

SAN FRANCISCO

☾ FULL MOON.....	D. 3 H. 1 M. 3 Evening
☾ LAST QUARTER.....	10 8 31 Morning
☾ NEW MOON.....	18 11 38 "
☾ FIRST QUARTER.....	26 5 31 "

Day Month.	Day Week.	HISTORICAL EVENTS.	Moon's Constellation.	Sun Slow.	Sun Ris.	Sun Sets.	Moon Sets.	Moon South.	High Water.	
				M. S.	H. M.	H. M.	H. M.	H. M.	Morn.	Even.
									H. M.	H. M.
1	Fri	Thomas F. Meagher drowned, 1867		{ 3 39	4 42	7 25	2 8	10 23	10 51 s	8 57 t
2	Sa	Battle of Marston Moor, 1641		{ 3 50	4 43	7 25	3 8	11 29	0 0 t s	10 0 t
(27.) 4th Sunday after Trinity.				Luke 6.		Day's length, 14 h. 42 m.				
3	S	Washington takes command, 1775		{ 4 1	4 43	7 25	Ris.	Mor.	0 53 t s	10 55 t
4	Mo	Archbishop Purcell died, 1883		{ 4 12	4 44	7 25	8 22	0 31	1 4 t s	11 53 t
5	Tu	Battle of Carthage 1861		{ 4 22	4 41	7 25	8 50	1 33	2 22 s
6	We	Sir Thomas More executed, 1535		{ 4 32	4 45	7 24	9 32	2 29	0 13 t	2 57 s
7	Th	San Domingo surrendered, 1809		{ 4 42	4 45	7 24	10 2	3 20	1 43 t	3 33 s
8	Fri	Sullivan defeats Kilrain, 1859		{ 4 51	4 46	7 24	10 28	4 8	2 43 t	4 15 s
9	Sa	President Taylor died, 1850		{ 5 0	4 47	7 24	10 54	4 51	3 51 s	4 53 t
(28.) 5th Sunday after Trinity.				Luke 5.		Day's length, 14 h. 36 m.				
10	S	Cornell crew defeated, 1895		{ 5 8	4 47	7 23	11 23	5 40	5 7 s	7 36 t
11	Mo	Peary expedition sails, 1895		{ 5 17	4 48	7 23	11 55	6 26	6 26 s	8 14 t
12	Tu	Orange Riots in New York, 1871		{ 5 21	4 48	7 22	Mor.	7 12	7 41 s	6 52 t
13	We	Jean Paul Marat assassinated, 1793		{ 5 31	4 49	7 22	0 30	8 0	8 52 s	7 36 t
14	Th	1st Paris Commune organized, 1789		{ 5 38	4 50	7 22	1 11	8 50	10 0 s	8 14 t
15	Fri	Gen. Tom Thumb died, 1883		{ 5 45	4 50	7 21	1 57	9 40	11 8 s	8 54 t
16	Sa	Burr and Hamilton duel, 1804		{ 5 50	4 51	7 21	2 48	10 30	11 58 s	9 40 t
(29.) 6th Sunday after Trinity.				Matt. 5.		Day's length, 14 h. 29 m.				
17	S	Luther enters convent, 1505		{ 5 56	4 51	7 20	3 45	11 19	0 38 t s	10 22 t
18	Mo	Henry Irving knighted, 1895		{ 6 0	4 52	7 20	Sets.	Ev	6 110 t s	11 8 t
19	Tu	Great Telegraph strike, 1883		{ 6 4	4 53	7 19	7 52	0 52	1 42 t s	11 54 t
20	We	Massacre at Valteline, 1620		{ 6 7	4 54	7 18	8 19	1 35	2 8 s
21	Th	Lord Wm. Russell beheaded, 1683		{ 6 10	4 54	7 18	8 45	2 18	0 41	2 18 s
22	Fri	Railroad Riots in Pittsburgh, 1877		{ 6 13	4 55	7 17	9 10	3 0	1 29	2 31 s
23	Sa	Gen. Burnside born, 1824		{ 6 15	4 55	7 16	9 36	3 44	2 14 s	2 56 t
(30.) 7th Sunday after Trinity.				Mark 8.		Day's length, 14 h. 18 m.				
24	S	Rev. Edward Beecher died, 1895		{ 6 16	4 57	7 15	10 4	4 18	3 1 s	3 23 t
25	Mo	Farragut made Admiral, 1866		{ 6 17	4 58	7 14	10 35	5 16	4 21 s	3 53 t
26	Tu	Sir John Franklin last seen, 1845		{ 6 17	4 58	7 14	11 11	6 8	5 43 s	4 43 t
27	We	Jane McCrea killed, 1777		{ 6 16	4 59	7 13	11 53	7 5	7 5 s	5 39 t
28	Th	Earthquake at Ischia, 1883		{ 6 15	5 0	7 12	Mor.	8 5	8 27 s	6 33 t
29	Fri	James Carey killed, 1883		{ 6 14	5 1	7 11	0 51	9 9	9 52 s	7 52 t
30	Sa	Battle of Pyrennees, 1813		{ 6 11	5 2	7 10	1 55	10 13	10 4 s	9 14 t
(31.) 8th Sunday after Trinity.				Matt. 7.		Day's length, 14 h. 8 m.				
31	S	Horatio Bonar died, 1889		{ 6 8	5 2	7 10	3 8	11 14	11 54 s	10 6 t

WHEN Sandy died his widow's face gleamed through her tears, as she remarked: "There is one satisfaction in the thought that poor

Sandy has gone where he won't have to get up in the morning to make the fire. That's something he never could bide."

The * Beginnings * of * Disease

TERRIBLE diseases have small beginnings. A contrast of the climax and the origin of the numerous maladies which abruptly terminate or materially shorten life—and it may be remarked with perfect truth that there is no chronic disorder which does not have this latter effect—would somewhat astonish and possibly startle those who are in the habit of disregarding their small ailments as of little or no importance. A trifling organic irregularity may beget an irremediable disorder. The malady in its incipency is not dangerous, and may easily be remedied. But the fact that it involves no immediate danger should not lead us to disregard it. Is it not better to check it at the outset and avoid all peril and discomfort, than to undertake to arrest it when it has fully developed itself? Let the sad experience of thousands of chronic invalids, the mute testimony of

multitudes of untimely graves answer the question.

Hostetter's Stomach Bitters is of immense value as a preventive of disease, because it rectifies so many bodily irregularities, of which the most formidable maladies are the offspring, and because it speedily and thoroughly remedies that most fruitful source of ill-health—weakness.

Torpidity of the liver or bowels, indigestive symptoms and their cause, inactivity of the kidneys and bladder, poverty of the blood, and a host of other indicia of local disorder or general debility are soon overcome by this inestimable corrective tonic, the timely use of which fortifies the system against malaria, and renders impossible a host of dire consequences originating solely in a want of physical or constitutional vigor, or in the incomplete performance of the functions upon which health depends.

MILK is a truly marvelous article of food. It is impossible to imagine a more perfect combination of the essential matters necessary in food. It contains nitrogenous matters, sugar, fatty matters and phosphates, all of which are present in such easily assimilated combinations as to make milk the food of perfection. It is nourishing and agreeable to the taste, a complete food for the new born, the last resource in maladies, for convalescents, and for numerous people with weak stomachs.

A GENTLEMAN visiting Liverpool was being shown round by a citizen, who said, "Now let's go and see the Widows' Home." The gentleman put his finger to the side of his nose and winked, and then said, "No thanks. I saw a widow home once, and she sued me for breach of promise, and proved it on me. It cost me a matter of £120. No, sir, send the widows home in a cab."

LEMON JUICE.—The well regulated family is never without lemons. Lemon juice is unequalled in keeping silverware bright; combined with soft soap and fine starch it will remove mildew; vegetable stains and all roughness will banish from the hands if lemon juice is applied. Lemons are also invaluable as a medicinal remedy. It is especially useful after a hearty supper. Hot lemonade, if taken before a cold gains headway, will break it up. Lemon juice sweetened with loaf sugar, will relieve a cough.

LIVING ON ONE FOOD.—A well devised dietary system does not need frequent change. All do not require to eat the same in amount or kind. Uncooked fruit and nuts suit some; others live almost entirely on bread and oatmeal; but when the correct diet has been found it is not necessary to change. Animals in a state of nature live on one food throughout their lives.



MOON'S PHASES.

SAN FRANCISCO.

	D.	H.	M.	
☾ FULL MOON.....	1	8	20	Evening.
☾ LAST QUARTER.....	8	10	4	"
☾ NEW MOON.....	17	2	25	Morning.
☾ FIRST QUARTER.....	24	0	23	Evening.
☾ FULL MOON.....	31	4	42	Morning.

Day Month	Day Week	HISTORICAL EVENTS.	Moon's Constellation	Sun Slew.	Sun Ris.	Sun Sets.	Moon Sets.	Moon South	High Water.	
				M. S.	H. M.	H. M.	H. M.	H. M.	Morn.	Even.
1	Mo	Queen Anne died, 1714	♏	6 4	5 3	7 9	4 24	Mor.	0 36 ⁺ s	11 2 ⁺
2	Tu	Napoleon proclaimed consul, 1802	♏	6 0	5 4	7 8	Ris.	0 13	1 12 ⁺ s	11 58 ⁺
3	We	Columbus sails from Palos, 1492	♏	5 55	5 5	7 7	7 59	1 6	1 38 ⁺ s	1 38 ⁺ s
4	Th	Gibraltar taken from Spain, 1704	♏	5 49	5 6	7 6	8 27	1 57	0 48 ⁺	2 58 ⁺
5	Fri	Mobile taken, 1864	♏	5 43	5 6	7 5	8 56	2 46	1 41 ⁺ s	2 26 ⁺
6	Sa	Atlantic Cable laid, 1866	♏	5 37	5 7	7 4	9 25	3 33	2 37 ⁺ s	2 56 ⁺

(32.) 9th Sunday after Trinity.

Luke 16.

Day's length, 13 h. 55 m.

7	S	Karl Formes born, 1818	♏	5 30	5 8	7 3	9 56	4 20	3 46 ⁺ s	3 35 ⁺
8	Mo	Canning died, 1827	♏	5 22	5 9	7 2	10 39	5 7	5 1 ⁺ s	4 19 ⁺
9	Tu	Sixtus IV. elected pope, 1471	♏	5 14	5 10	7 1	11 10	5 55	6 19 ⁺ s	5 7 ⁺
10	We	Admiral Van Tromp killed, 1653	♏	5 5	5 11	6 59	11 54	6 45	7 33 ⁺ s	5 53 ⁺
11	Th	Frank Pixley died, 1895	♏	4 56	5 12	6 58	Mor.	7 35	8 47 ⁺ s	6 50 ⁺
12	Fri	Malte-Brun born, 1775	♏	4 46	5 13	6 57	0 43	8 25	9 55 ⁺ s	7 48 ⁺
13	Sa	Battle of Blenheim, 1704	♏	4 35	5 14	6 56	1 36	9 14	10 46 ⁺ s	8 40 ⁺

(33.) 10th Sunday after Trinity.

Luke 19.

Day's length, 13 h. 40 m.

14	S	Judge Terry shot, 1889	♏	4 24	5 15	6 55	2 34	10 3	11 28 ⁺ s	9 40 ⁺
15	Mo	Jesuits organized 1534	♏	4 12	5 15	6 53	3 34	10 49	0 4 ⁺ s	10 16 ⁺
16	Tu	Ben Jonson died, 1637	♏	4 0	5 16	6 52	4 34	11 33	0 36 ⁺ s	11 2 ⁺
17	We	William Thaw died, 1889	♏	3 47	5 17	6 51	Sets.	Ev 16	0 52 ⁺ s	11 51 ⁺
18	Th	Battle of Gravelotte, 1870	♏	3 34	5 18	6 50	7 16	0 59	1 15 ⁺
19	Fri	Judge J. S. Black died, 1873	♏	3 21	5 19	6 48	7 40	1 13	0 34 ⁺ s	1 22 ⁺
20	Sa	Marco Bozzaris died, 1813	♏	3 7	5 19	6 47	8 8	2 28	1 21 ⁺ s	1 34 ⁺

(34.) 11th Sunday after Trinity.

Luke 18

Day's length, 13 h. 25 m.

21	S	Niger River expedition, 1841	♏	2 52	5 20	6 45	8 57	3 11	2 14 ⁺ s	1 48 ⁺
22	Mo	Battle of the standard, 1128	♏	2 37	5 21	6 44	9 12	4 4	3 15 ⁺ s	2 15 ⁺
23	Tu	Captain Jack sentenced, 1873	♏	2 22	5 21	6 43	9 33	4 58	4 28 ⁺ s	3 2 ⁺
24	We	William Wilberforce born, 1759	♏	2 8	5 23	6 41	10 43	5 56	5 51 ⁺ s	3 5 ⁺
25	Th	H. C. Houghton died, 1895	♏	1 49	5 23	6 40	11 42	6 56	7 17 ⁺ s	1 17 ⁺
26	Fri	Castelar elected, 1873	♏	1 33	5 24	6 38	Mor.	7 58	8 33 ⁺ s	6 35 ⁺
27	Sa	Earthquake at Java, 1833	♏	1 16	5 25	6 37	0 59	8 59	9 46 ⁺ s	7 3 ⁺

(35.) 12th Sunday after Trinity.

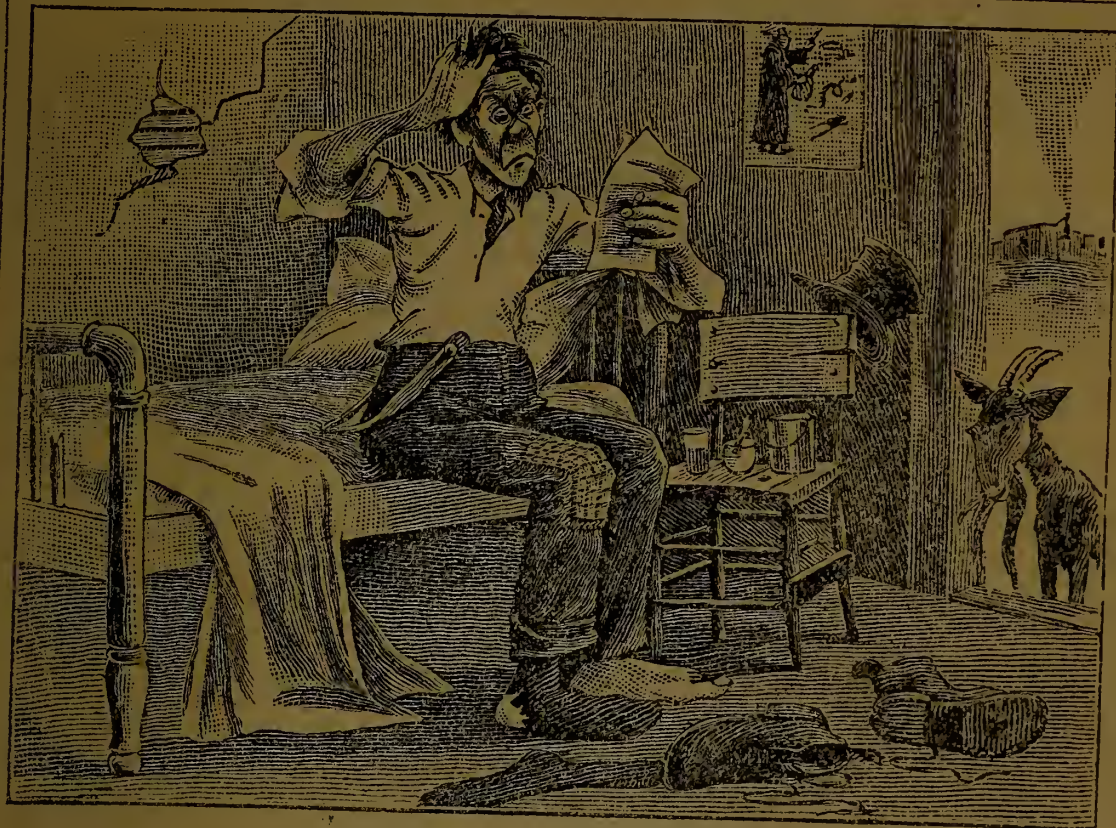
Mark 7.

Day's length, 12 h. 10 m.

28	S	Delaware Bay discovered, 1609	♏	0 58	5 26	6 36	2 9	9 57	10 44 ⁺ s	9 10 ⁺
29	Mo	Edgar Cowan died, 1885	♏	0 40	5 27	6 34	3 13	10 53	11 29 ⁺ s	10 15 ⁺
30	Tu	N. W. Paley born 1743	♏	0 22	5 28	6 33	4 33	11 44	0 4 ⁺ s	11 10 ⁺
31	We	John Bunyan died, 1688	♏	0 3	5 29	6 31	Ris.	Mor.	0 51 ⁺

RAMBLER: "Our minister has received a call from somewhere else at more money, and I understand he has been at home two

days praying for guidance." Castleton: "What does his wife think about it?" Rambler: "Oh! she's packing up."



AN IRISH DIFFICULTY.

PAT ("the morning after," reading prescription).—" 'Dissolve wan of the powdher in half a tumbler of wather, an' th' other powdher in another half tumbler of wather. Mix, an' dhrink whoile efferveshin'. What 'll Oi do? Whoy the div'l didn't he say which Oi was to mix furrst? "

DISTRIBUTION OF POPULATION.

The tendency of our people to form large combinations of industrial and social activity is fully illustrated in the following table:

Date.	Population	No. Cities	Population or Cities.	Per ct. Cities.
1790...	3,929,244	6	131,472	3.33
1800...	5,318,483	6	210,873	3.9
1810...	7,257,841	11	356,920	4.9
1820...	9,633,832	13	473,135	4.9
1830...	12,866,070	26	861,509	6.7
1840...	17,069,473	44	1,433,994	8.5
1850...	23,191,876	85	2,897,586	12.5
1860...	31,443,321	141	5,072,256	16.1
1870...	38,558,271	226	8,071,875	20.9
1880...	50,155,783	296	11,318,597	22.5
1890...	62,622,250	443	18,235,670	29.1

From Dr. A. C. MATCHETTE, Bourbon, Ind., May 16, 1895:

Other bitters come and go, but Hostetter's Stomach Bitters is here forever, because they are exactly as represented, and the

people know what they will do all the time, and rely on them.

The great merit, it seems to me, of the old painters was that they did not try to be original. To say a thing, says Goethe, that everybody else has said before, as quietly as if nobody had ever said it, that is originality.

From WILLIAM KENNEDY, Leland, Illinois, May 4, 1895:

Your Hostetter's Stomach Bitters is a good seller, and has held the first place in my store for thirty years as a medicinal bitters.

From J. C. DE HAVEN, Council Bluffs, Iowa, March 14, 1895:

We always keep Hostetter's Stomach Bitters in stock, and recommend to our customers above all others, especially for a tonic in hot weather for middle-aged and elderly people, and it always gives satisfaction.



MOON'S PHASES.

SAN FRANCISCO.

☾	LAST QUARTER,
☾	NEW MOON,
☾	FIRST QUARTER,
☾	FULL MOON,

D.	H.	M.	
7	2	41	Evening.
15	4	1	"
22	6	30	"
29	3	1	"

Day Month.	Day Week.	HISTORICAL EVENTS.	Moon's Constellation	Sun Fast.	Sun Ris.	Sun Sets.	Moon Ris.	Moon South.	High Water.
				M. S.	H. M.	H. M.	H. M.	H. M.	Morn. Even.
1	Th	Capture of Atlanta, 1864	♏	0 16	5 30	6 30	8 51	0 31	0 7 s 0 18 s
2	Fri	Bishop Morris died, 1874	♏	0 35	5 31	6 28	7 23	1 21	0 59 s 1 0 s
3	Sa	Battle of Dunbar, 1865	♏	0 55	5 32	6 27	7 55	2 10	1 50 s 1 21 s

(36.) 12th Sunday after Trinity. Luke 10. Day's length, 12 h. 53 m.

4	S	France proclaimed a republic, 1870	♏	1 15	5 32	6 25	8 28	2 58	2 47 s 1 46 s
5	Mo	First U. S. Congress met, 1774	♏	1 35	5 33	6 24	9 6	3 47	3 46 s 2 25 s
6	Tu	Lafayette born, 1757	♏	1 55	5 34	6 22	9 47	4 37	4 51 s 3 13 s
7	We	Castelar inaugurated, 1873	♏	2 15	5 35	6 21	10 36	5 28	6 7 s 4 16 s
8	Th	Northern Pacific R. R. open, 1883	♏	2 35	5 36	6 19	11 29	6 18	7 16 s 5 18 s
9	Fri	Battle of Flodden Field, 1513	♏	2 56	5 36	6 18	Mor.	7 8	8 1 s 6 24 s
10	Sa	S. S. Cox died, 1889	♏	3 17	5 37	6 16	0 21	7 57	9 12 s 7 29 s

(37.) 14th Sunday after Trinity. Luke 17. Day's length, 12 h. 37 m.

11	S	Hudson River discovered, 1609	♏	3 38	5 38	6 15	1 23	8 41	10 3 s 8 29 s
12	Mo	Dunraven withdrew from race, 1895	♏	3 59	5 39	6 13	2 21	9 29	10 43 s 9 23 s
13	Tu	French America conquered, 1759	♏	4 10	5 40	6 12	3 24	10 13	11 13 s 10 13 s
14	We	Prof. C. V. Ripley killed, 1895	♏	4 41	5 41	6 10	4 25	10 56	11 37 s 11 1 s
15	Th	John Witherspoon died, 1794	♏	5 2	5 42	6 9	5 28	11 49	11 57 s 11 33 s
16	Fri	Junius Brutus Booth died, 1833	♏	5 23	5 43	6 7	Sets.	Ev 25 0 16 s
17	Sa	U. S. Constitution adopted, 1787	♏	5 44	5 44	6 5	6 41	1 11	0 19 s 0 29 s

(28.) 15th Sunday after Trinity. Matt. 6. Day's length, 12 h. 19 m.

18	S	Atlanta Exposition opened, 1895	♏	6 5	5 45	6 4	7 14	2 1	1 12 s 0 46 s
19	Mo	Battle of Poitiers, 1356	♏	6 26	5 45	6 2	7 53	2 54	2 10 s 1 10 s
20	Tu	Battle of Alma, 1851	♏	6 47	5 46	6 1	8 41	3 51	3 13 s 1 47 s
21	We	David C. Broderick killed, 1859	♏	7 8	5 47	5 59	9 37	4 51	4 25 s 2 31 s
22	Th	Mormon Books revealed, 1827	♏	7 29	5 48	5 57	10 40	5 51	5 55 s 3 57 s
23	Fri	Grace Greenwood born, 1823	♏	7 50	5 49	5 56	11 48	6 40	7 14 s 5 16 s
24	Sa	Battle of Monterey, 1846	♏	8 11	5 49	5 54	Mor.	7 48	8 25 s 6 37 s

(39.) 16th Sunday after Trinity. Luke 7. Day's length, 12 h. 3 m.

25	S	Eliza Cook died, 1889	♏	8 31	5 50	5 53	0 50	8 43	9 29 s 7 55 s
26	Mo	Battle of Mesilla, 1861	♏	8 51	5 51	5 51	2 11	9 34	10 22 s 9 8 s
27	Tu	Steamer Arctic lost, 1874	♏	9 12	5 52	5 50	3 23	10 23	11 0 s 10 10 s
28	We	Louis Pasteur died, 1895	♏	9 31	5 53	5 48	4 32	11 12	11 28 s 11 4 s
29	Th	Gen. Schofield retires, 1895	♏	9 51	5 54	5 47	5 39	11 59	11 53 s
30	Fri	Pan American Congress met, 1889	♏	10 10	5 55	5 45	Ris.	Mor.	0 4 s 0 13 s

"We had a great revival in our congregation," said a minister to a friend.
"I rejoice to hear it," said his friend,

"how many did you add?" "We did not add any," replied the minister, "we got rid of five."

Relief * for * the * Rheumatic.

ACCORDING to the best pathologists, the cause of rheumatism is an acid impurity of the blood, which being deposited upon the sensitive tissue that unites the joints and covers the muscles, irritates it, producing those tortures which characterize the disease, and which, in its inflammatory form, are perhaps the most agonizing which the human frame can endure. Rheumatism is always dangerous, on account of the liability of the heart to be attacked by it.

It was the fashion with the medical Sangrados of fifty years ago to bleed rheumatic patients, as if an impure condition of the blood could be remedied by spilling some of it. This folly has been abandoned, but a mode of treatment has been adopted in its stead scarcely less absurd and pernicious. Colchicum, a poisonous drug, a few grains of which produce spasms of the heart and death, and veratrum, which is almost as pernicious and equally powerless, are resorted to ineffectually, to expel the rheumatic virus from the system. They produce, at best, but a temporary mitigation of the painful symptoms, and invariably disorder the stomach and bowels.

The permanent relief these drugs fail to afford may be obtained from *Hostetter's Stomach Bitters*, which impel the kidneys to perform with increased vigor their secretive functions—the means provided by nature for straining from the blood its various impurities, and among them the active germs of rheumatism and gout. A predisposition to those maladies is thus counteracted, and if rheumatism is already developed, its cause is removed, and the disease cured. Such, at least, is the only reasonable deduction to be drawn from the testimony of those who have experienced the remedial effects in rheumatism, incipient or chronic, of this popular vegetable detergent.

PERILS OF ICE WATER.—No woman would think of cooling a cooking stove when it is red hot by throwing ice water upon it; yet what people know would ruin a stove, they pour by the pint into their stomachs when it is in a state of intense activity, and at the highest point of chemical combustion. The cook who pours water upon her fire while she is getting dinner, knows that the potatoes in the pot will stop boiling, and the meat in the oven will not be fit for food. The same results from the deluging the stomach with ice water. The process of digestion will be arrested, and will not be resumed until the water is raised to the temperature required to carry it on again.

AT BULL'S RUN.—After the battle of Bull's Run everybody looked gloomy, but one man was particularly downcast. "Say, comrade," exclaimed a member of the same com-

pany, noticing his companion's wretched demeanor, "What in heaven's name is the matter with you?" "Matter with me? Well, I should say there was matter enough!" "Well, what is it? You ain't shot, are you?" "Shot? No! Worse, worse: I've had a terrible loss." "Well, come, comrade cheer up and tell me about it." "Well, it was my greyhound." "Your greyhound?" "Yes poor dog; he went into battle with us, and he came out all right; but somewhere on our way back he got lost. He couldn't keep up."

DESTROYING RED ANTS.—These little creatures have been the affliction of many a tidy housekeeper. Gum camphor is their special aversion; break it up into very fine crumbs and scatter it on every shelf in your cupboard and pantry. The remedy is cleanly, easily applied and withal effectual.



MOON'S PHASES.

SAN FRANCISCO.

☾ LAST QUARTER.....	7 9 56 Morning.
☾ NEW MOON.....	15 4 28 "
☾ FIRST QUARTER.....	22 1 0 "
☾ FULL MOON.....	29 4 9 "

Day Month.	Day Week.	HISTORICAL EVENTS.	Moon's Constellation	Sun Fast.	Sun Ris.	Sun Sets.	Moon Ris.	Moon South.	High Water.
				M. S.	H. M.	H. M.	H. M.	H. M.	Morn. Even.
1	Sa	Two cent postage adopted, 1883		10 29	5 56	5 41	6 25	0 48	1 3s 0 21s
(40.) 17th Sunday after Trinity. Luke 14. Day's length, 11 h. 45 m.									
2	S	Gen. Miles promoted, 1895		10 48	5 57	5 42	7 2	1 37	1 50s 0 37s
3	Mo	Miles Standish died, 1856		11 7	5 58	5 41	7 43	2 27	2 37s 1 57s
4	Tu	H. H. Boyeson died, 1895		11 25	5 58	5 39	8 29	3 18	3 31s 1 39s
5	We	Battle of the Thames, 1813		11 43	5 59	5 38	9 20	4 9	4 33s 2 35s
6	Th	Alexander Murray died, 1821		12 0	6 0	5 36	10 16	5 0	5 35s 3 41s
7	Fri	W. W. Story died, 1895		12 18	6 1	5 35	11 13	5 49	6 39s 4 48s
8	Sa	Rienzi assassinated, 1354		12 34	6 2	5 33	Mor.	6 37	7 36s 5 53s
(41.) 18th Sunday after Trinity. Matt. 22. Day's length, 11 h. 29 m.									
9	S	Miguel de Cervantes born, 1547		12 50	6 3	5 32	0 12	7 22	8 27s 6 58s
10	Mo	First overland mail, 1858		13 6	6 4	5 30	1 11	8 6	9 12s 8 11s
11	Tu	George II. crowned, 1727		13 21	6 5	5 29	2 11	8 50	9 51s 8 50s
12	We	Lyman Beecher born, 1775		13 36	6 6	5 28	3 12	9 24	10 23s 9 50s
13	Th	Dr. Arnold died, 1842		13 51	6 7	5 26	4 15	10 18	10 55s 10 33s
14	Fri	Murat executed, 1815		14 4	6 8	5 25	5 20	11 4	11 20s 11 36s
15	Sa	Lincoln Monument dedicated, 1871		14 17	6 9	5 23	Sets.	11 54	11 40s
(42.) 19th Sunday after Trinity. Matt. 9. Day's length, 11 h. 12 m.									
16	S	Brown took Harper's Ferry, 18 9		14 29	6 10	5 22	5 2	Ev 17	0 29s 11 45s*
17	Mo	Battle of Leipzig, 1813		14 41	6 11	5 21	6 38	1 11	1 28s 0 27s
18	Tu	Kosciusko commissioned, 1776		14 52	6 12	5 19	7 32	2 44	2 26s 0 32s
19	We	John W. Mackey, Jr., killed, 1865		15 2	6 13	5 18	8 31	3 43	3 31s 1 31s
20	Th	Grace Darling died, 1812		15 13	6 14	5 16	9 41	4 45	4 38s 2 37s
21	Fri	Capt. Mayne Reid died, 1883		15 22	6 15	5 15	10 52	5 44	5 50s 3 47s
22	Sa	Houston president of Texas, 1836		15 31	6 16	5 14	Mor.	6 38	7 0s 4 40s
(43.) 20th Sunday after Trinity. Matt. 22. Day's length, 10 h. 55 m.									
23	S	A. H. Davenport died, 1873		15 39	6 17	5 12	0 3	7 29	7 58s 6 44s
24	Mo	Pacific Telegraph completed, 1861		15 47	6 18	5 11	1 12	8 18	8 57s 7 6s
25	Tu	King Athelstan died, 911		15 52	6 19	5 9	2 25	9 6	9 34s 8 10s
26	We	First Congress adjourned, 1774		15 59	6 20	5 8	3 27	9 53	10 9s 10 28s
27	Th	Servetus burned, 1533		16 5	6 21	5 7	4 38	10 40	10 37s 11 23s
28	Fri	William M. Tweed arrested, 1871		16 9	6 22	5 6	5 38	11 18	10 52s
29	Sa	Battle of Ireyburg, 1740		16 12	6 23	5 5	Ris	Mor.	0 12s 11 9s*
(44.) 21st Sunday after Trinity. John 4. Day's length, 10 h. 40 m.									
30	S	Leon Gambetta born, 1838		16 15	6 24	5 4	5 38	0 18	1 0s 11 21s*
31	Mo	Earthquake in West and South, 1895		16 18	6 25	5 3	6 22	1 9	1 47s 11 45s*

A MONOPOLY is a good deal like a baby. A man is opposed to it on general principles until he has one of his own.

If the earth were equally divided among its inhabitants, each person would get about 2 3/4 acres

The * Cure * of * Insomnia.

INSOMNIA is the name which physicians have given to sleeplessness, and their testimony is concurrent and positive that it is a disability which prevails to a far greater extent than is generally supposed.

When it is a functional disorder of the brain, it proceeds from inordinate mental activity, and if this is its cause, a suspension or moderation of the brain-wearying pursuit which originates is absolutely necessary to overcome it. This is the first step essential to be taken toward recovery, but the recuperative power of the brain is so weakened by this exhausting disease, that the use of an efficient tonic nervine is also necessary.

The most frequent cause of sleeplessness is undoubtedly dyspepsia, of which all medical writers declare it to be a symptom. But whether the brain is deprived of its resting power by the

irregularities of the stomach, with which it is united in the closest bonds of sympathy by a most important nerve, or whether it has been over excited and weakened by undue mental exertion, the influence upon it of *Hostetter's Stomach Bitters* is a most salutary one. The brain-soothing effect of this standard medicinal agent is due to the fact that it counteracts influences that tend to weaken the nerves of the head, by its invigorative action upon the organs which convert food into blood, thus repairing undue waste of brain tissue, and that it also eradicates dyspepsia, which is the most frequent cause of inability to sleep.

No mineral sedative, no opiate or narcotic can be persistently used without great danger to the general health. Hostetter's Stomach Bitters, on the contrary, is a safe and agreeable means of relieving insomnia.

AFTER a housekeeper fully realizes the worth of turpentine, she is never willing to be without a supply of it. It gives quick relief to burns; it is an excellent application for corns. Then it is a sure preventive of moths; if a little is dropped in the drawers, chests and cupboards, it will render the garments secure from injury during the summer. It will keep ants from the closets and store rooms, if a few drops are put in the corners and upon the shelves. A spoonful of it added to a pail of warm water, is excellent for cleaning paint.

AFTER attending a meeting of the New Woman's club, a Western editor bursts into song as follows under the inspiration: Some mouths look like peaches and cream, some like a hole chopped into a brick wall to admit a new door or window. The mouth is a hotbed of toothaches, the bung-hole of oratory and a baby's crowning glory. It is

patriotism's fountain head and the tool chest for pie. Without it the politician would be a wanderer on the face of the earth, and the cornet would go down to an unhonored grave. It is the grocer's friend, the orator's pride and the dentist's hope.

ACRE.—The English or statute acre (our acre) is 4,840 square yards; the Scotch acre, 6,150.4; Irish, 7,840; Welsh, 4,320; Cornish, 5,760; Leicestershire, 2,308 $\frac{1}{2}$; Westmoreland, 6,760; Cheshire, 10,240. The English acre was originally considered to be as much ground as a yoke of oxen could plow in a day. The arpent, or French acre, used in early French surveys in this country, and still in use in Louisiana and the Province of Quebec, containing 48,400 square feet, by a royal edict of 1669. The common arpent had 10,000 square feet, the arpent of Paris 32,160 square feet.































MOON'S PHASES

SAN FRANCISCO.

☾	LAST QUARTER,.....
☾	NEW MOON,.....
☾	FIRST QUARTER,.....
☾	FULL MOON,.....

D.	H.	M.	
6	6	19	Morning.
13	4	11	Evening.
20	8	56	Morning.
27	8	30	Evening.

Day Month	Day Week	HISTORICAL EVENTS.	Moon's Constellation	Sun Fast.	Sun Ris.	Sun Sets.	Moon Ris.	Moon South.	High Water.
				M. S.	H. M.	H. M.	H. M.	H. M.	Morn. Even.
1	Tu	Durant convicted, 1895		16 19	6 26	5 2	7 11	2 0	2 42 s 0 26 l
2	We	Marie Antoinette born, 1755		16 20	6 27	5 1	8 5	2 51	3 26 s 1 11 l
3	Th	William Cullen Bryant born, 1794		16 20	6 28	4 59	9 2	3 41	4 9 s 2 7 l
4	Fri	Eugene Field died, 1885		16 19	6 29	4 58	10 0	4 30	4 55 s 3 14 l
5	Sa	Benjamin F. Butler born, 1818		16 17	6 30	4 57	11 0	5 16	5 48 s 4 23 l
(45.) 22d Sunday after Trinity.				Matt. 18.		Day's length, 10 h. 25 m.			
6	S	Sir Charles Napier died, 1860		16 14	6 31	4 56	11 58	5 59	6 37 s 5 30 l
7	Mo	Gen. McClellan superseded, 1862		16 10	6 32	4 55	Mor.	6 42	7 20 s 6 34 l
8	Tu	Bodleian Library opened, 1602		16 5	6 34	4 55	0 57	7 25	7 58 s 7 35 l
9	We	Arnold at Quebec, 1771		16 0	6 35	4 54	1 57	8 9	8 40 l 8 38 s
10	Th	Catholic Centenary, 1889		15 54	6 36	4 53	3 1	8 53	9 20 l 9 19 s
11	Fri	Magellan Straits entered, 1520		15 47	6 37	4 52	4 6	9 41	9 49 l 10 42 s
12	Sa	Richard Baxter born, 1615		15 39	6 38	4 51	5 14	10 34	10 16 l 11 42 s
(46.) 23d Sunday after Trinity.				Matt. 22.		Day's length, 10 h. 12 m.			
13	S	California constitution adopted 1849		15 31	6 39	4 51	6 24	11 30	10 42 l
14	Mo	Great Fire in Buffalo, 1832		15 21	6 40	4 50	Sets.	Ev 30	0 37 s 11 11 l*
15	Tu	Revolution in Brazil, 1889		15 11	6 41	4 49	6 21	1 33	1 41 s 11 41 l*
16	We	John Bright born, 1811		14 59	6 42	4 48	7 31	2 36	2 34 s 0 36 l
17	Th	Congress met in Washington, 1800		14 47	6 43	4 47	8 42	3 36	3 25 s 1 37 l
18	Fri	Standard Time adopted, 1883		14 34	6 44	4 47	9 54	4 31	4 19 s 2 45 l
19	Sa	Prince of Wales born, 1841		14 20	6 45	4 46	11 5	5 26	5 23 s 4 9 l
(47.) 24th Sunday after Trinity.				Matt. 9.		Day's length, 9 h. 59 m.			
20	S	Tartalan defeated, 1780		11 6	6 46	4 45	Mor.	6 16	6 20 s 5 30 l
21	Mo	"Elrick Shepherd" died, 1835		13 59	6 47	4 45	0 13	7 4	7 10 s 6 16 l
22	Tu	Lord Clive suicided, 1774		13 34	6 48	4 44	1 19	7 59	7 55 l 8 5 s
23	We	Charlotte Cushman born, 1816		13 18	6 50	4 44	2 25	8 36	8 33 l 9 23 s
24	Th	Battle Lookout Mountain, 1864		13 0	6 51	4 43	3 29	9 23	9 3 l 10 29 s
25	Fri	New York evacuated, 1833		12 42	6 52	4 43	4 33	10 12	9 29 l 11 29 s
26	Sa	Sojourner Truth died, 1883		12 22	6 53	4 43	5 35	11 1	9 55 l
(48.) 1st Sunday in Advent				Matt. 11		Day's length, 9 h. 48 m.			
27	S	Alexander Dumas died, 1895		12 2	6 54	4 42	6 35	11 53	0 21 s 10 20 l*
28	Mo	Great Fog in London, 1810		11 42	6 55	4 42	Ris.	Mor.	1 14 l 10 47 l*
29	Tu	Satelli made cardinal, 1895		11 20	6 56	4 41	5 57	0 41	1 47 l 11 2 l*
30	We	Suez Canal chartered, 1854		10 59	6 57	4 41	6 52	1 54	2 24 l 0 11 l

WHAT sunshine is to flowers, amiability is to the family. Cross looks and cross words dwarf and starve the souls of those around us.

"I AM quite surprised, Mr. Mocker, at your wife's knowledge of parliamentary law." "She? Great Caesar! Hasn't she been speaker of the house for the last fifteen years?"



HE DIDN'T KNOW.

DEACON ALABASTER.—“Mister Vandergould, am yer oldest chile er boy er gal?”

MR. VANDERGOULD.—“Well, deacon, that's mor'n I kin tole yer. Dar it am on dat masheen. Say fur yourself.”

From WILLIAM LEWIS, M. D., Little Rock, Ark., January 28, 1895:

Your Hostetter's Stomach Bitters are among the best on the market, and those that require a tonic will find them beneficial.

INTEREST RULES.

To find the interest on a given sum for any number of days, at any rate of interest, multiply the principal by the number of days and divide as follows:

3 per ct. by 120	7 per ct. by 52	12 per ct. by 30
4 " 90	8 " 45	15 " 24
5 " 72	9 " 40	20 " 18
6 " 60	10 " 36	

From J. S. WILSON, M. D., Houston, Texas, January 23, 1895:

I know of no bitters on the market that compare with Hostetter's Stomach Bitters in value, and in keeping up their standard, nor any house that acts with the same unstinted and unquestioned liberality.

KEEP the body clean. The countless pores of the skin are so many little drain tiles for the refuse of the system. If they become clogged, and so deadened in their action, we must expect to become the prey of ill-health in some of its countless forms. Let us not be afraid of a wet sponge and five minutes brisk exercise with a crash towel every night and morning.

From W. H. HOWELL & BRO., Dallas, Texas, January 21, 1895:

The Hostetter's Stomach Bitters hold their position as a superior tonic still above all competition. No effort to supplant, or even to rival them in public estimation seems to succeed.

“Do you think Skinner can make a living at the place he's gone to?” “Make a living? Why, he'd make a living on a rock in the middle of the ocean—if there was another man on the rock.”



MOON'S PHASES.

SAN FRANCISCO.

	D	H	M	
☾ LAST QUARTER,.....	6	1	56	Morning.
☾ NEW MOON.	13	3	34	"
☾ FIRST QUARTER, ..	19	7	12	Evening.
☾ FULL MOON.	27	3	30	"

Day Month.	Day Week	HISTORICAL EVENTS.	Moon's Constellation	Sun Fast.	Sun Ris.	Sun Sets.	Moon Ris.	Moon South	High Water.	
				M S.	H. M.	H. M.	H. M.	H. M.	Morn.	Even
									H. M.	H. M.

1	Th	Sumner enters Senate, 1851		10 36	6 58	4 41	7 59	2 21	2 59 s	0 59 l
2	Fri	John Brown hung, 1859		10 13	6 59	4 41	8 49	3 10	3 33 s	1 51 l
3	Sa	Peckham appointed Judge, 1895		9 49	6 59	4 41	9 47	3 54	4 5 s	2 51 l

(49.) 2d Sunday in Advent.

Luke 21.

Day's length, 9 h. 41 m.

4	S	Harrison nominated, 1839		9 25	7 0	4 41	10 46	4 37	4 41 s	3 58 l
5	Mo	Kossuth arrives in U. S., 1851		9 0	7 1	4 41	11 45	5 19	5 22 s	5 1 l
6	Tu	Jefferson Davis died, 1889		8 34	7 2	4 41	Mor.	6 1	6 6 l	6 6 s
7	We	Colefax elected Speaker, 1863		8 8	7 3	4 41	0 44	6 44	6 48 l	7 13 s
8	Th	Wilkes captures Trent, 1861		7 42	7 4	4 41	1 46	7 29	7 23 l	8 16 s
9	Fri	John Milton born, 1608		7 15	7 5	4 41	2 51	8 18	8 0 l	9 19 s
10	Sa	Oliver Johnson died, 1889		6 47	7 6	4 41	4 0	9 11	8 39 l	10 41 s

(50.) 3d Sunday in Advent.

Matt. 11.

Day's length, 9 h. 34 m.

11	S	Sir Roger L'Estrange died, 1704		6 19	7 7	4 41	5 11	10 10	9 13 l	11 50 s
12	Mo	Senator Thurman died, 1895		5 50	7 7	4 41	6 23	11 12	9 56 l	...
13	Tu	Battle Fredericksburg, 1862		5 22	7 8	4 42	Sets.	Ev 16	6 41 s	10 43 l
14	We	Edward M'Pherson died, 1895		4 53	7 8	4 42	6 22	1 21	1 32 s	11 44 l
15	Th	Geneva Tribunal convened, 1871		4 24	7 9	4 42	7 36	2 22	2 19 s	0 45 l
16	Fri	Empress Josephine divorced, 1809		3 55	7 10	4 42	8 50	3 19	3 1 s	1 47 l
17	Sa	O'Donnell hanged, 1883		3 25	7 10	4 43	10 1	4 11	3 44 s	2 51 l

(51.) 4th Sunday in Advent.

John 1.

Day's length, 9 h. 32 m.

18	S	XIII. Amendment ratified, 1865		2 55	7 11	4 43	11 10	5 1	4 32 s	4 8 l
19	Mo	Bacz deposed, 1873		2 26	7 11	4 44	Mor.	5 48	5 23 s	5 18 l
20	Tu	South Carolina secedes, 1860		1 56	7 12	4 44	0 18	6 35	6 13 l	6 21 s
21	We	Benjamin Disraeli born, 1805		1 26	7 13	4 44	1 22	7 21	6 58 l	7 48 s
22	Th	Yale College founded, 1700		0 56	7 13	4 45	2 26	8 9	7 38 l	9 1 s
23	Fri	Henry W. Grady died, 1889		0 26	7 14	4 45	3 19	8 58	8 16 l	10 16 s
24	Sa	Edwin M. Stanton died, 1869		Slow	7 14	4 46	4 28	9 48	8 49 l	11 15 s

(52.) Christmas.

John 1.

Day's length, 9 h. 31 m.

25	S	Sir Isaac Newton born, 1642		0 34	7 15	4 46	5 26	10 39	9 21 l	...
26	Mo	Stephen Girard died, 1831		1 3	7 15	4 47	6 19	11 39	0 15 s	9 49 l
27	Tu	Belgian Independence, 1830		1 33	7 15	4 48	Ris.	Mor.	0 49 s	10 25 l
28	We	American Colonization Society, 1816		2 2	7 16	4 48	5 43	0 19	1 21 s	11 8 l
29	Th	Thomas a Becket assassinated, 1170		2 31	7 16	4 49	6 42	1 7	1 56 s	11 57 l
30	Fri	New Mexico bought, 1853		3 0	7 16	4 50	7 40	1 52	2 31 s	0 4 l
31	Sa	Gen. Montgouery killed, 1775		3 29	7 16	4 51	8 38	2 35	2 56 s	1 30 l

ORIGINALITY is a thing we constantly clamor for, and constantly quarrel with.

God gives every bird his food, but does not throw it into the nest.

Symptoms and Consequences of Indigestion.

INDIGESTION, particularly in its chronic form, is manifested by a multitude of vexing and puzzling symptoms. Among them are flatulence, heartburn, water brash, a haggard and anxious expression, great despondency, headache, chilliness of the extremities, blurred vision, loss of appetite and flesh, restlessness, a tendency to yawn frequently, and palpitations of the heart. Constipation and biliousness usually accompany this complaint.

It is the experience and the testimony of those who employ *Hostetter's Stomach Bitters* to get rid of indigestion, that this potent and agreeable anti-dyspeptic remedy invariably conquers the disease, whether temporary or chronic, and as a natural sequence removes all its symptoms. By so doing, the Bitters also prevent any serious consequences to be apprehended from it if unchecked, since physicians inform us in their published dicta, and it is a well established fact that this malady begets

monomania; insomnia, or inability to sleep—a dangerous disease, with a tendency to become chronic—gastritis or inflammation of the stomach, and increases a predisposition to heart disease.

The Bitters, besides conquering indigestion, and preventing the diseases above specified, obviate disorders of the liver and bowels, which contribute to weaken and unsettle the stomach.

Since nutrition of the body is dependent upon the vigorous action of the great alimentary organ, which action the Bitters promote, it is easy to see that they are a most desirable means of infusing strength into the system. A larger supply of pure blood is what a feeble physique requires. Hostetter's Stomach Bitters facilitate and hasten the blood making process. Those who suffer from Atony, or a want of vigor, should, therefore, lose no time in providing themselves with this unrivalled, strength-giving cordial and restorative of digestion.

AND things can never go badly wrong,
If the heart be true, and the love be strong;
For the mist if it comes, and the weeping rain
Will be changed by the love into sunshine
again. GEO. MACDONALD.

COLD IN THE HEAD.—A weak solution of common table salt, snuffed up from the hollow of the hand, will relieve a cold in the head. Catarrh is often cured by the persistent use of this simple means. It should be used night and morning for several months, rather warm. A handful of salt added to the water in which one is to bathe is considered a good tonic.

TO EAT CANDY.—Much of the outcry against candy is the result of wrong methods of use. It can often be safely taken at meal

time with good results. Scientists say that the food value of sugar is very great. A pound of sugar contains much more energy and power to support animal life than a pound of meat. If candy is taken under such conditions that it will not derange the digestive apparatus, it is perfectly wise and rational to be a candy eater.

"MY HUSBAND'S FIRST WIFE."—When the lecturer inquired dramatically, "Can any one in this room tell me of a perfect man?" there was a dead silence. "And has any one," he continued, "heard of a perfect woman?" Then a patient looking little woman in a black dress rose up and answered, "There was one. I've often heard of her, but she is dead now. She was my husband's first wife."

H * Deficiency * of * Vital * Power.

THERE is an unhealthy condition of the system which falls short of actual disease, but which, if not remedied, must eventually reach it. This may be aptly characterized as a deficiency of vital power. No mystery surrounds its origin. It is directly traceable to poverty of the blood, and manifests itself by a feeling of constant languor, worse in the morning than at any other time, tremulousness of the nerves, want of elasticity and compactness in the muscles, a sensation of inability to clench the hand tightly, a feeble gait, great fatigue after trifling exertion, loss of appetite, and a tendency of the stomach and bowels to become easily disordered. Those who lack vitality are usually deficient in flesh, have a haggard, weary look, and a dull, lack-lustre appearance of the eye.

For all the above symptoms, as well as for the cause that produces them,

Hostetter's Stomach Bitters are an unfailing remedy. The digestive and assimilative processes upon which the manufacture of blood depends receive a prompt and vigorous impetus from the action of this sovereign tonic stimulant of the alimentary organs, and the vital current is thus fertilized, or in other words, its strength and flesh-creating constituents are increased. The Bitters are, therefore, a sure agent for imparting both vigor and substance to the body. That this is the case is apparent from the fact that when they are used, the nervous energy is speedily augmented, the step grows firm and more elastic, the haggard cheek fills out and acquires color, appetite returns, tendencies to indigestion are overcome, life acquires an unwonted relish, and the quondam invalid daily feels and sees that he is gaining new stamina, and strengthening his hold on existence.

WATERPROOF BLACKING.—Dissolve an ounce of borax in water, and in this dissolve gum shellac until it is the consistency of thin paste; add lampblack to color. This makes a cheap and excellent blacking for boots, giving them the polish of new leather. The shellac makes the boots or shoes almost entirely waterproof. Camphor dissolved in alcohol, added to the blacking, makes the leather more pliable and keeps it from cracking.

When beginning to use glasses, use them as short a time as possible, only in deficient light, or on minute objects, and then change the strain to distant or larger objects. By a judicious attention to these two points, the age of the sight will be retarded many years. And as reading is one of the luxuries of this age, and one of its most delightful pastimes and amusements, we cannot be too careful of the eyesight, and should study how we may best husband its powers.

Do not save the loving speeches
For your friends till they are dead;
Do not write them on their tombstone,
Speak them rather now, instead.

THE TEETH.—The object of brushing the teeth is to remove the destructive particles of food which by their decomposition generate decay. To neutralize the acid resulting from this chemical change is the object of dentifrice. A stiff brush should be used after every meal, and a thread of silk floss or India rubber passed through between the teeth to remove particles of food.

CHARCOAL is valuable for many other purposes than that of fuel. Strewn over heaps of decomposed pelts or other dead animals it will prevent unpleasant odors. Foul water is purified by it, and if placed in shallow trays around apartments it will sweeten offensive air. It absorbs and condenses gases.

Safeguard * for * Emigrants * and * Travelers.

THOSE who are about to emigrate, and travelers by land or sea, particularly in the tropics, should always be provided with an efficient medicinal safeguard against the influences of an insalubrious and unaccustomed climate and other conditions—often unavoidable—which militate against health. As a means of protecting the system against malaria, neutralizing the hurtful properties of miasma tainted or brackish water, and preventing the ill effects of an unwholesome or unwonted diet, *Hostetter's Stomach Bitters* has long held the first place in public esteem.

It is unwise to rely wholly upon the natural resisting powers of a vigorous constitution and active digestion, when opposed to the separate or combined influences of miasmatic or otherwise vitiated air or water, unaccustomed deprivation of home comforts, the hardships often endured in traveling, or the

bodily trials of a sea voyage; but to encounter such influences with an enervated system, impaired digestion, unsettled nerves, an irregular habit of body, or a disordered state of the liver, is the height of folly. Not only should the traveler or emigrant take with him a supply of the Bitters, to be used as a medicinal protection en route, or after arrival at his place of destination, but he will do wisely to tone and regulate his system before departure by a course of this reliable and thorough invigorant and alterative.

The process of acclimation, or the habituation of the system to the peculiarities of a new climate is, unaided, and particularly with persons whose constitutions are deficient in stamina, a very slow one, and often accompanied by grave peril. But with the tonic and regulative assistance of the Bitters, it is materially hastened, and the dangers which attend it averted.

THE best cleaning compound for nickel ware is fifty parts of alcohol and one of sulphuric acid. The article to be cleaned is held in the solution 5 to 15 seconds, after which it is washed with water, rinsed with alcohol and wiped dry with a clean rag.

METEOROLOGISTS say that the heat of the air is due to six sources: (1) That from the interior of the earth; (2) that from the stars; (3) that from the moon; (4) that from the friction of the winds and tides; (5) that from the meteors; (6) that from the sun.

THE father of twin babies had been left temporarily in charge of them. At the end of half an hour he weakened, "Angelina," he called out to his wife, in a voice of agonizing protest, "you'll have to come and take one of these boys. No man can serve two masters!"

NEVER shut the sunlight from a sick room. Light is next to air in healing virtue. Of course there are certain affections of the eyes that require exclusion of light; but healing comes where light sheds its radiance.

ROBERT BURNS, one summer's evening, in the decline of his own brief day, as the setting sun streamed full upon him through the window, and a young lady present was about to draw the curtain, pleaded, "Let me look at the sun, my dear. He will not long shine on me."

COPYING ink is prepared by adding a little sugar to ordinary black ink. Writing executed with this ink may be copied within the space of five or six hours by passing it through a press in contact with thin unsized paper.

The * Decline * of * Life.

A MAJORITY of mankind find the downhill side of life beset with infirmities which render it a thorny slope. What is termed a "green old age" is rarely enjoyed, and a hale, hearty man or woman of seventy is quite a phenomenon.

When we remember that each thought involves the destruction of a certain amount of nervous, and each motion of muscular tissue, we ought to be less surprised that so many persons die in the prime of life, than that they ever reach that golden meridian, so tremendous is the constant wear and tear of the system. Were it not that Nature repairs—though far less rapidly and completely—what she destroys in Man, that wondrous piece of mechanism, the human system, would speedily run down. As it is, the reparative process grows feebler with increasing years, and decay more active, so that even when

there is no positive disease to hasten the end, we hurry with strides sufficiently rapid to that "bourne from whence no traveler returns."

For the infirmities which attend the decline of life, *Hostetter's Stomach Bitters* is the safest, surest and most agreeable of remedies, and though they cannot of course arrest decay, they can restrain that process within its natural limits by strengthening the system, and regulating its various functions. The vigor with which this esteemed tonic enlows the aged, protects them against diseases to which they are especially subject, and to which a debilitated frame could offer but little resistance, unless it were strengthened by medical means.

The mental comfort and bodily stamina derivable from the Bitters constitute it an inestimable family cordial, not only for the old, but for the sickly and debilitated of both sexes and of all ages.

MAGISTRATE—"You are charged with assaulting this man?" Prisoner—"I plead guilty, your honor, but I had a good excuse. I addressed the man civilly three times and he never answered me." "Why, the man is deaf and dumb." "Well, why didn't he say so."

MEN become bald more frequently than women, because of the closeness of the hats they wear, which keeps the head too hot, induces perspiration and weakens the hair. The boys of the famous Blue Coat Schools in London, who never wear hats, never become bald late in life.

LET humor bedew duty. Let gaiety take charge of dullness. So employ these qualities that they shall be to life what carbonic acid is to wine, making it foam and sparkle.
—Henry Ward Beecher.

HE only is advancing in life whose heart is getting softer, whose blood warmer, whose brain quicker, whose spirit is entering into living peace. And the men who have this life in them are the true lords and kings of the earth—they and they only.—*Ruskin.*

THE frog barometer, used in Germany and Switzerland, is a very simple apparatus, consisting of a jar of water, a frog, and a little wooden step-ladder. If the frog comes out and sits on the step, rain is expected.

ABERNETHY's prescription for the cure of gout was, "Live upon a shilling a day and earn it."

THERE are two freedoms; the false, where a man is free to do what he likes; the true, where the man is free to do what he ought.



PROFESSIONAL PALMISTRY.

"Szo! Miss Mary, dey tell me dat you shall tell my garachter by my handt!"

"Well, to begin with, you 're a German——"

"Ach, it is vonderful!"

THE UNITED STATES OF AMERICA.

The area, in square miles, of the territory of the United States, acquired by cession, purchase or discovery, is shown in the following table:

Ceded by England,	819,815
Louisiana in 1803,	877,268
Oregon territory in 1805,	222,948
Florida, from Spain, in 1819,	59,268
Republic of Texas in 1845,	262,290
Washington territory, by treaty 1846,	66,880
California and New Mexico, 1848,	614,439
"Gadsden Purchase," Mexico, 1853,	47,330
Alaska, from Russia 1867,	577,390

Total square miles,

LANGUAGE and thought are inseparable. Words without thought are dead sounds; thoughts without words are nothing. To think is to speak low; to speak is to think aloud. The Word is the thought incarnate.
—MAX MULLER.

An infidel preacher in one of the London parks was asked: "Why are you always attacking the Bible, and not any other book?"

"Why can't you let it alone?" "I will tell you," he replied, "I won't let the Bible alone because it won't let me alone."

From T. G. TOOMBES, La Grange, Tennessee, April 26, 1895:

No change from Hostetter's Stomach Bitters to any of the latter day brands have been selling them since August, 1860.

THE muscles of the legs and feet are those most frequently affected with cramp, especially after great exertion. The best treatment is immediately to stand upright and to well rub the part with the hand. The application of strong stimulants, as spirits of ammonia, or of anodynes, as opiate liniments, are found to be of service.

SOME one threw a head of cabbage at an Irish orator, while he was making a speech once. He paused a second, and said: "Gentlemen, I only asked for your ears; I don't care for your heads!" He was not bothered any more.

Despondency * and * Dyspepsia.

SOLOMON says "A merry heart maketh a glad countenance," but the heart is not apt to be merry if digestion is impaired and sleep disturbed or unrefreshing. On the other hand, the animal spirits cannot long be depressed, even by hardship and misfortune, if the bodily functions are vigorously performed, and each day's sequel is a night of sound repose.

There is a moral and a physical reason for the despondency of dyspeptic and bilious invalids. The obstinate nature of their complaint makes them despair of permanent relief, and the brain suffers by sympathy with the stomach, the two organs being connected by a sensitive link called the sympathetic nerve. It is impossible that the stomach should be deranged or weakened without cerebral disturbance, so close is the relationship between the digestive and reflective organs.

Hostetter's Stomach Bitters are a searching eradicator of indigestion and biliousness, and it may be added, of renal maladies, which are often complicated with the two first, and like them are invariably accompanied by low spirits. The mind as well as the body recovers elasticity through the genial action of this benignant promoter of digestion, sleep, a regular habit of body, active biliary secretion, and healthful urination. Taking it before meals not only facilitates the alimentary process, but imparts additional relish for the food. A wineglassful of it at bed time affords sound, brain invigorating repose. The daily pursuance of this plan is sure to be attended by a rapid improvement in health and spirits, as gratifying to the patient as it is demonstrative of the strengthening and regulating quality of the Bitters, and of their power to conquer disease.

WIT AND GENIUS.

True wit is like the brilliant stone
Dug from the Indian mine,
Which boasts two different powers in one,
To cut as well as shine.

Genius, like that, if polished right,
With the same gifts abounds,
Appears at once both keen and bright,
And sparkles while it wounds.

THE golden rule in cold weather is to keep the extremities warm. The most important rule for the carrying out of this idea is never to be tightly shod. Boots and shoes that fit closely prevent the free circulation of the blood; but when they do not embrace the foot too firmly, the space left between the shoe and the stocking has a good supply of warm air. The second rule is, never to sit in damp shoes. It is often supposed that unless shoes are positively wet, it is unne-

cessary to change them while the feet are at rest. This is a great mistake.

THE method by which stumps are removed by petroleum consists in allowing the stumps to become completely saturated with petroleum, and then setting them on fire. The method by using saltpetre consists in boring holes into the head of the stump, and putting into each one ounce of saltpetre, and after leaving it to become wet and penetrate the substance of the stump, the latter is set on fire, when it will be completely consumed.

THE average number of working days in various countries is as follows: Russia 267, Britain 278, Spain 290, Austria 295, Italy 298, Bavaria and Belgium 300, Saxony and France 302, Denmark, Norway and Switzerland 303, Prussia 305, Holland and North America 308, and Hungary 312.

Prevention * and * Cure * of * Fevers.

FOR the insidious poison which lurks in the air and water of regions where intermittent and bilious remittent fevers are prevalent, there is a certain antidote. Its name is *Hostetter's Stomach Bitters*, a defensive and regulating tonic, which has long held the foremost place among medicinal preparations of its class.

The true way to protect the system against malaria, is to endow it with extra vigor, and keep the stomach, liver and bowels in perfect order. The preventive efficacy of Hostetter's Stomach Bitters is attributable to the fact that they do this, if used regularly. Under malarious conditions of the most pestilential kind, this depurative, anti-periodic preserves those who avail themselves of its protective influence from the slightest symptom of fever and ague, while in their immediate vicinity are others, who, having neglected this necessary precaution, are suffering such

torments as only malarious disease can inflict.

It is not alone as a preventive, but also as a remedy for fever and ague, that Hostetter's Stomach Bitters have achieved a popularity unequalled by that of any American remedy. They speedily check the violence of the paroxysms, and counteract the terrible exhaustion produced by the alternate shaking and sweating of the unhappy sufferer.

Besides being infinitely more efficacious than quinine and other officinal remedies for intermittent and bilious remittent fever, the Bitters being prepared from a purely botanic formula, entail none of the pernicious consequences to be apprehended from the use of mineral and alkaloid drugs. Indeed, one of the greatest blessings conferred on humanity by the discovery of this superb remedy and preventive, over a third of a century ago, is that it has widely superseded such hurtful medicines.

CONVERSATION is but carving:
Give no more to every guest
Than he's able to digest;
Give him always of the prime,
And but little at a time.
Give to all but just enough,
Neither let them starve nor stuff.

WALTER SCOTT.

THE human body consists of 240 bones, 9 kinds of articulations or joinings, 100 cartilages and ligaments, 400 muscles and tendons, 100 nerves, besides blood, arteries, veins, glands, stomach, intestines, lungs, heart, liver, kidneys, lymphatics, lacteals, and three skins—the epidermis, the rete mucosum, and the true skin.

How many people know what a "size" is. Everything from ready-made clothing to gloves is made in sizes, but few know the

measurement of them. In coats, a size is one inch; a size in underwear is two inches; in a sock, an inch; in a collar, half an inch; in shoes, one-sixth of an inch; in trousers, one inch; in gloves, a quarter of an inch, and in hats, one-eighth of an inch.

THE total per cent. of forest area in the German Empire is 25.70, Sweden 40.65, Russia 37.15, Austria 32.58, Norway 24.53, Hungary 23.51, Switzerland 20.12, France 17.92, Belgium 17.08, Turkey in Europe 8.93, Portugal 5.22, Bulgaria 4.64, and the United Kingdom 4. Canada is estimated to have 37.06 per cent., Japan 30.21, New Zealand 29.60, India 25, and the United States 21.20.

It is better to leave no footprints on the sands of time than to let them show you were walking backward.

Steady * the * Unsettled * Nerves.

MANY individual and coöperating causes result in an unsettled state of the nervous system.

Professional experience, however, indicates lack of vital power, accompanied by chronic indigestion, as the most prolific.

Among the remedial attributes of *Hostetter's Stomach Bitters*, is that of strengthening and soothing the nerves. This effect is materially hastened by the rapid improvement in digestion, and acquisition in tone by the entire bodily organism, which results from the systematic use of this renowned tonic and corrective.

The sympathetic nerve—one of the most important in the body—which connects the stomach with the brain, communicates to the great reflective organ no small modicum of the irritation it experiences in consequence of acidity of the stomach, flatulence, contamination of the food with bile, and other concomitants of dyspepsia. The

irritation thus conveyed to the brain, produces pain in the head, sleeplessness by night and restlessness by day, vertigo, dulness of vision; nervous apprehension manifests itself in a variety of other ways destructive of mental as well as bodily comfort. These sympathetic manifestations of digestive weakness and irregularity speedily cease when Hostetter's Stomach Bitters are used to invigorate the stomach, and insure the performance of its alimentary functions. This latter result also promotes invigoration as well as quietude of the nerves, since the new stock of physical energy which the Bitters furnish to the system through the agency of uninterrupted and active digestion and assimilation, is shared by the nerves in common with every tissue and fibre of the body. Mineral sedatives and opiate drugs deaden the nerves, but this superb vegetable nervine increases their vitality and gives them steadiness.

THE Father has willed it so,
That mortals may never know,
Whether there lies in the future years,
A grave of hope to be wet with tears,
A palace of joy or woe.
Lest feet should falter and hearts grow faint,
He knew it was better so.

SLEEP OF CHILDREN.—Parents should not allow their children to be waked up in the morning. Let nature wake them; she will not do it prematurely. Take care that they go to bed at an early hour—et it be earlier and earlier, until it is found that they wake up themselves in full time to dress for breakfast.

FREQUENT brushing of the head is beneficial as it increases the action of the skin. The head cannot be brushed too much, any

more than a horse's coat can be too much groomed. By combing and brushing, grooms not only produce a fine coat, but improve considerably the healthy condition of the animal. Thus the more the scalp be brushed, the more healthy will be the skin and, by the reflected power, the general health of the individual will greatly gain.

If the hair is thin and dry rub well two or three times a week with a mixture of six grains of quinine to an ounce of vaseline. For cleanliness wash it once or twice a month with good tar soap, and wipe occasionally with a damp towel.

"TAKE away woman," shouted the orator, "and what would follow?" "We would," said a man at the back of the audience promptly.



A NOVEL OF THE DAY.

"Well, I declare if papa isn't reading 'As Blue as they Make 'em!' and he's got to the third volume. I suppose you skip all the dry parts, papa?"

"I can't say I've come across any dry parts yet. It's all been wading through mud up to now!"

From W. A. WOOLLEN, M. D., Randleman, N. C., April 18, 1895:

I know your Hostetter's Stomach Bitters are good in many cases; I have used and sold them, but I prefer to prescribe them when needed.

A CELEBRATED barrister, retired from practice, was one day asked his sincere opinion of the law. "Why, the fact is," rejoined he, "if any man was to claim the coat upon my back, and threaten my refusal with a law suit, he should certainly have it, lest, in defending my coat, I should lose my waistcoat also."

From C. H. HUT, Evansville, Indiana, May 11, 1895:

I have been selling Hostetter's Stomach Bitters going on twenty-three years, and sold more this year than any other, which shows the medicine is good for a true tonic.

CARBOLIC acid has been found effectual in destroying flies. A small piece of cloth, saturated with the acid, should be hung up in the room, and in about two hours it will be found the flies have disappeared.

A YOUNG widow, who raised a magnificent monument over her late husband, inscribed upon it, "My grief is too great for me to bear." After her marriage to a second husband, upon her attention being called to the inscription, she amended it by adding the word "alone."

"WRETCHED is the man," says Goethe, "who has learned to despise the dreams of his youth."

It is with advice as with taxation; we can endure very little of either, if they come to us in a direct way.

An * Irregular * Habit * of * Body.

IT is irrational and injurious to use violent purgatives to remedy constipation. They make the disorder worse rather than better, because the abrupt and drenching effect which they cause weakens the bowels, and unfits them for their evacuative duty. To overcome an irregular habit of body, the bowels must be relaxed, of course, but never violently. The laxative process should be gradual, and resemble as closely as possible an effort of nature. At the same time the bilious and indigestive causes of costiveness must be removed by invigorating the stomach and regulating the liver. These effects are invariably produced by *Hostetter's Stomach Bitters*, a mild but thorough evacuant, an admirable invigorant of the digestive organs, and an active promoter of the secretion and natural flow of bile.

The remedial operation of this standard tonic aperient may be aided in cases of costiveness by taking active

out-door exercise at regular hours, and by eating brown bread, fruit, plenty of vegetables, and only moderately of meat. When the disease is attributable to sedentary habits, as it very frequently is, exercise is especially necessary. But whether these hygienic and dietary measures are resorted to or not, a systematic use of the Bitters will invariably overcome constipation, and the bilious and dyspeptic symptoms usually complicated with it. Headache, flatulence, furred tongue, sallowness of the skin, pain in the right side, and other symptoms to which the costive are subject, promptly succumb to the Bitters, which may be relied on not only to give tone and regularity to the bowels, the liver and the stomach, but also to strengthen the entire system.

Costiveness being very prone to become chronic, if not obviated in its early stage, a prompt use of the Bitters is to be recommended when the habit of body begins to grow irregular.

LITTLE by little the wrong gives way;
Little by little the right has away.
Little by little the good in men
Blossoms to beauty for human ken.
Little by little the angels see
Prophecies clear of good to be.
Little by little the God of all
Lifts the world nearer His pleading call.

IN 1813 postage rates in the United States were: Single letters by land, 40 miles, 8 cents; 90 miles, 10 cents; 150 miles, 12½ cents; 300 miles, 17 cents; 500 miles 20 cents; over 500 miles, 25 cents. Double letters, twice the single rates, one ounce at the rate of four single letters.

THE average size of families in Europe is as follows: France 3.03 members, Denmark 3.61, Hungary 3.70, Switzerland 3.94, Austria

and Belgium 4.05, England 4.08, Germany 4.10, Sweden 4.12, Holland 4.22, Scotland 4.16, Italy 4.53, Spain 4.65, Russia 4.83, Ireland 5.20.

IT is said that 300,000 cubic feet of water plunge 150 feet downward over the Niagara escarpment every second, thus wasting 10,000,000 horse power of energy to the second. If Niagara was really "harnessed" so as to utilize this energy, it would be sufficient to run more machinery than there is in the world.

THE product of a single pair of sparrows, if each pair should have 24 young in a year, and all live, would in 10 years number 275,716,983,698 birds. The bird hatches five or six broods in a year, and produces from four to six young in a brood.

IRRESISTIBLE CONCLUSIONS.

AS the annual edition of this Almanac is about TWELVE MILLION COPIES, the cost of preparing, printing and distributing it is simply enormous, but it is slight compared with the expense of manufacturing and shipping all over the world

THE GREAT MEDICINAL STAPLE,

Whose unequivocal merits it sets forth. This celebrated preparation has been for over a third of a century before the public, and has long ranked first among American remedies and preventives. The press at home and abroad has over and over again borne voluntary testimony to the surpassing excellence of

HOSTETTER'S STOMACH BITTERS.

And this unsolicited evidence has been repeatedly corroborated, not only by grateful testimonials from the most respectable private sources, but also by emphatic expressions of approval over the signatures of physicians of high repute, who have used it successfully in their practice.

During its long career the demand for HOSTETTER'S STOMACH BITTERS has been an ever-increasing one, until it has not only spread over every civilized portion of the vast area within the limits of the United States and Territories, but widely exists in British North America, South and Central America, Mexico, the West Indies, Australia, and to some extent in Europe.

WHAT IRRESISTIBLE CONCLUSIONS

Are to be drawn from the above Facts? These —

FIRST—That the proprietors of Hostetter's Stomach Bitters would not incur, year after year, immense outlay in preparing, forwarding and giving publicity to the People's Favorite Remedy, unless its sales warranted them in so doing.

SECOND—That a Medicine, the record of which can be traced for forty-five years, in the encomiums of the press, in the published recommendations of physicians, and the earnest testimony of thousands whom it has cured or protected from disease, must possess the remedial and preventive efficacy attributed to it.

THIRD—That the popularity of Hostetter's Stomach Bitters, in the foreign countries where it has already been introduced, augurs well for its success in every quarter of the globe.

Hostetter's Business Calendar for 1898.

1898	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	1898	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	1898	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Jan.	2	3	4	5	6	7	8	May	1	2	3	4	5	6	7	Sept.	1	2	3	4	5	6	7
	9	10	11	12	13	14	15		8	9	10	11	12	13	14		8	9	10	11	12	13	14
	16	17	18	19	20	21	22		15	16	17	18	19	20	21		15	16	17	18	19	20	21
	23	24	25	26	27	28	29		22	23	24	25	26	27	28		19	20	21	22	23	24	25
	30	31						June	29	30	31						26	27	28	29	30		
Feb.	1	2	3	4	5	6	7					1	2	3	4	Oct.	1	2	3	4	5	6	7
	8	9	10	11	12	13	14		5	6	7	8	9	10	11		8	9	10	11	12	13	14
	15	16	17	18	19	20	21		12	13	14	15	16	17	18		9	10	11	12	13	14	15
	22	23	24	25	26	27	28		19	20	21	22	23	24	25		16	17	18	19	20	21	22
	29	30							26	27	28	29	30				23	24	25	26	27	28	29
Mar.	1	2	3	4	5	6	7	July						1	2	Nov.	1	2	3	4	5	6	7
	8	9	10	11	12	13	14		3	4	5	6	7	8	9		6	7	8	9	10	11	12
	15	16	17	18	19	20	21		10	11	12	13	14	15	16		13	14	15	16	17	18	19
	22	23	24	25	26	27	28		17	18	19	20	21	22	23		20	21	22	23	24	25	26
	29	30	31						24	25	26	27	28	29	30		27	28	29	30			
April	1	2	3	4	5	6	7	Aug.	31							Dec.	1	2	3	4	5	6	7
	8	9	10	11	12	13	14			1	2	3	4	5	6		8	9	10	11	12	13	14
	15	16	17	18	19	20	21		7	8	9	10	11	12	13		15	16	17	18	19	20	21
	22	23	24	25	26	27	28		14	15	16	17	18	19	20		22	23	24	25	26	27	28
	29	30							21	22	23	24	25	26	27		29	30	31				
									28	29	30	31					31						

J. W. BOYKEN,

Cor. Ninth and Mission Sts.

SAN FRANCISCO, CAL.

DEALER IN

Hostetter's * Celebrated * Stomach * Bitters.

DRUGS, MEDICINES, CHEMICALS,

Fine Toilet Soaps, Brushes, Combs, Etc.

PERFUMERY AND FANCY TOILET ARTICLES

IN GREAT VARIETY.

Pure Brandy, Wines and Liquors for Medicinal Purposes.

Physicians' Prescriptions Accurately Compounded.